



EAGLE WINGS MOTORCYCLE ASSOCIATION



FL2-O Monthly Gatherings Every 2nd Wednesday

Southern Pig & Cattle Restaurant

2585 SE Federal Highway, Stuart, FL

Dinner 5:00 - Meet 6:00



Chapter Directors

Dave Morris & Terry Henderson

772.349.8482

dwm8228@gmail.com

Assistant Chapter Directors
Chapter Safety/Webmaster
Doug and Donna Goethel



1ringo@comcast.net

fl2o.org

The FL2-O Team

John DuBose
Ride Coordinator
Jim Rich
Asst. Ride Coordinator
Sandy Pisano – Spirit Team
Percy Comstock – 50/50
John DuBose
Newsletter Editor

Joe Trotta
Chapter Treasure



July Message:

Summer is the slowest season for Chapter activities due to the excessive heat and almost daily rain showers. But, sometimes, we can get lucky and enjoy an early morning ride for breakfast and an occasional Meet to Eat in the evening. That was the case when we rode for the first time in many years to the Lighthouse Diner in Jupiter. We found the ride down Jupiter Island easy, beautiful and not congested with the usual bicycle traffic. We traveled directly to the restaurant and found the food excellent. We stayed an hour or so and then rode back home. Our Ride Captain, Jim Rich, will be away for the next couple of weeks, which means he won't be scheduling any rides until July.



All the best, Chapter Directors David Morris and Terry Henderson



Important July 2025 Dates



July Birthdays

Marilyn Rich 7/12
Dick Manage 7/22
Paul Dreyfus 7/24
Lena Valcourt 7/23
Tammy Pounds 7/28



July Anniversaries

Jim & Sondra Cuff 7/16
John & Allison Meisenbacher 7/24

EWMA Florida Assistant District Directors Recruitment & Retention

Doug & Donna Goethel 1Ringo@comcast.net



FL2-O Membership Report

No updates this month!

Got a question about membership check with
Doug or Donna

Would you like to ride this summer? Got a ride you'd like to suggest?



Assistant Ride Coordinator - Jim Rich

561.748.9710 richtrader3@gmail.com

FRIENDS FOR FUN, SAFETY AND RIDING

FL2-O Gathering/Social June 11, 2025

Our June Gathering took place on June 11, 2025 at the Southern Pig & Cattle Restaurant in Stuart. There were 15 members in attendance and everyone enjoyed the delicious meal & fun conversation.

David called the meeting to order at 6 pm and announced all the birthdays and anniversaries and then invited Jim Cuff & Sondra to give a report on their trip to the EWMA Georgia Rally. They had a great time and especially enjoyed the delicious food.

David called on Jim Rich to give a ride report. He said that it has been difficult to plan rides due to the hot and rainy weather, but that 5 members rode to Crackers near Indiantown on a breakfast ride. Jim invited everyone to join us on another breakfast ride this Fri. to the Lighthouse Diner in Jupiter.

Terry brought delicious gourmet cookies for dessert and then Jim Cuff was asked to pull the winning 50/50 raffle ticket and Terry was the winner. David adjourned the Gathering at approximately 6:30 pm.



Thanks to CD Terry Henderson for the pictures and write-up.



Bob Steigmeier was in attendance, not in picture.



2025 Georgia District/Region A Rally - June 5 – 7, 2025 Helen, Georgia

FL2-O members attend: Joe and Sandy Pisano and Jim and Sondra Cuff



Florida District Director Fred Kennedy sporting a “FANCY” new shirt



EWMA VP Bill Smith with FL Asst. Director Harry Anderson



FL Asst. Director Lynn Anderson

Friends catching up while watching the hot air balloons

Thursday, June 5, 2025

2025 Georgia District/Region A Rally - June 5 – 7, 2025 Helen, Georgia

Hot Air Balloon Festival in Helen, GA



Vendors KD Cycle at Georgia Rally



Cheryl & Bill Smith with Lynn & Harry Anderson

FRIENDS FOR FUN, SAFETY AND RIDING

2025 Georgia District/Region A Rally - June 5 – 7, 2025 Helen, Georgia

Rally Games – Sandy Piano



Domonick & Diane “Spoiling the Dog”



Helen, Georgia – Mountains in background

Motorcycles passing through

2025 Georgia District/Region A Rally - June 5 – 7, 2025 Helen, Georgia

The Rally Dance

Sandy Socializing



Fairfield Hotel

Jim Cuff at SkyMed - Winner

A BIG THANKS TO: Jim Cuff, Joe & Sandy Pisano for taking pictures at the Georgia District Rally!

Joe reported they had 168 in attendance: Tommy Martin GA DD.

025 Georgia District/Region A Rally - June 5 – 7, 2025 Helen, Georgia

Joe & Sandy Pisano return trip to Florida. Elevation 1454 ft with low clouds.

**2025 Georgia District/Region A Rally - June 5 – 7, 2025 Helen, Georgia**

Notes from the members of FL2-O Stuart – Treasure Coast Riders”. Joe and Sandy Pisano with Jim and Sondra Cuff attended the Georgia District Rally. Joe noted that Helen is a real tourist town, with a hot air balloon festival, EWMA Rally and a Harley Rally all happening the same weekend.

Jim, Joe and Sandy took many good pictures which are on the FL2-O website, EWMA website and will be in the July FL2-O newsletter. Pictures include Florida District Director Fred Kennedy, EWMA VP's Bill and Cheryl Smith, FL Asst. District Directors Harry and Lynn Anderson and FL Asst. District Director Dominick and Diane DeSiato. I saw pictures of Jim Cuff winning a hotel stay from SkyMed, the ladies practicing dancing, Sandy and Dominick playing the games. Plus, members enjoying the hot air balloons in flight. I'd say that it was another good EWMA Rally with 168 in attendance.

Joe and Sandy traveled 1,485 miles on their trike pulling a trailer. John DuBose, FL2-O

Another EWMA Rally in the Books!

FL2-O Treasure Coast Riders Attend – Florida District Ride-in

Joe and Sany Pisano had “FUN” at Dixie Crossroads – Titusville – June 21, 2025

Great time at EWMA district ride held on June 21 at Dixie Crossroads in Titusville. The sixty-four participants included members from many chapters across the state. Our hosts for the event were Harry and Lynn Anderson who were joined by Fred and Karen Kennedy, our district directors. Joe and I so enjoyed our time conversing with members of FL2-D (Terry and Charlotte and Ralph) over a scrumptious seafood lunch. As always, it is fun to share chapter events and travel adventures with our chapter friends.



Diane DeSiato With Fred Kennedy



Diane & Dominick DeSiato

FL2-O Treasure Coast Riders Attend – Florida District Ride-in



ADD Harry Anderson the Host



Bob & Nan Shrader President EWMA



Karen Kennedy – FL District Director



Terry & Charlotte FL2-D Melbourne

FL2-O Treasure Coast Riders Attend – Florida District Ride-in

Harry Anderson with 50/25/25



Geno Jette FL Asst District Director with Harry Anderson FL Asst District Director

FL2-O Treasure Coast Riders Attend – Florida District Ride-in



Fred Kennedy FL District Director – Overlooking



The Red Shirts from Palm Coast



Overview of the 66 in attendance at Dixie Crossroads



Sandy Pisano
A Winner of the
50/25/25

FL2-O Treasure Coast Riders - Meet to Eat at Golden Chopsticks

CD Dave Morris said they had a good turn-out with 15 in attendance



Lena & Leo with Sandy & Joe



CD Terry Henderson

Golden Chopsticks is located in Port Saint Lucie

FL2-O Treasure Coast Riders - Meet to Eat at Golden Chopsticks

Asst. Chapter Director Donna & Doug Goethel



Myrta & Al Colussy with Carma & Bob Steigmeier



Sondra & Jim Cuff with Phil Baxter

Jupiter Lighthouse Diner Ride Report – Friday, June 13, 2025

We had a great turnout for the ride and a perfect day. We left McDonalds and headed over to A1A for the ride south to Hobe Sound and then across the intercoastal to the home of the rich and famous. We crossed back in Tequesta to the Lighthouse Diner for an excellent breakfast. We only took close ups of those members not in the witness protection program. Rich's Rebel traveled 75 miles.



Asst. Ride Coordinator Jim Rich – Marilyn – CD Terry – CD Dave – ACD Doug

Friends helping Friends – Service Help – Thursday, June 19, 2025

There was so much air in Bob's brake lines that the front brakes didn't work at all. It took almost a pint of brake fluid before we finally flushed all the air out of the system. Of course, having to remove the front fender always makes the job more interesting and working in 80-degree temperatures and 80% humidity added to the challenge. I was going to have him pull it into the air-conditioned house, but Marilyn said not if I wanted to continue living here. Anyway, all is well and Bob is motoring home as I write this.



It was nice of Jim Rich to help Bob Steigmeier with his brakes. It's just another reason to belong to FL2-O Treasure Coast Riders. Thanks Jim!



FL2-O Ride Coordinator John DuBose



Compares riding BMW Scooter with the Gold Wing

I purchased a 2025 BMW C 400 GT Scooter to ride in the mountains of Virginia and North Carolina. When my wife Peggy was riding, we had a pair of Suzuki Brugman 650's and they were great for the mountains. So, when I went to purchase a new scooter, I found that the American market for maxi scooter had down sided from 650 to the 400 and smaller. I had looked at the BMW 400 earlier this year when riding with Joe Pisano. We had stopped at his BMW dealer in Palm Bay, FL. I took a look at it and it looked like it might fill the bill. So, when I got to Roanoke, VA for the summer I checked out the BMW dealer in Salem and they had a white 2025 C 400 GT, top of the line. I had a buddy that uses that dealership for his Indian Scout. We were able to make a deal and buy a few accessories, mainly a top box for extra storage.

The ride; many of you have gone to the Honda Gold Wing DCT which allows you not to worry with shifting. The BMW scooter has a CVT which means there is no shifting. The other big difference is there is no foot brake for rear braking, you use the left grip on the handle bar for rear braking. The right grip is like most rides front brake with some rear braking. This braking takes some thinking, to get used to the left lever for rear braking. I've installed a Utopia backrest, which makes it nice for longer rides. One thing nice about a scooter is you can move your feet around, stretch out.

One big deference is the scooter weights about half the Gold Wing at 475 pounds. That also means it gets 70 plus MPG. A couple things it doesn't have is cruise control and no parking brake. My buddy Joe Pisano suggested getting a couple chocks to put behind the wheels when parked.

In closing let me say the BMW scooter is a FUN ride for me to enjoy in the mountains but it does not replace BIG RED for overall riding. John DuBose

COOL, CALM & COLLECTED

by Jim Rich

I am sharing this from the latest issue of RoadRunner magazine because it is so critical to safe riding. Emergency stops or turns can rattle any rider, but remaining calm can go a long way towards producing a positive outcome. The RR article was about two of the premier racers at the World Superbike Championship in Laguna Seca. The two racers entered a turn with the trail bike slightly behind and to the right of the lead bike. Exiting the turn at speeds of 140 mph the inside rider did not know the other rider was right next to him and he was about to force him off the pavement. Not wanting to panic, the outside rider reached over and tapped the other rider on the back. The insider rider nodded his head and held his line such that the other rider had room to complete the turn. Most of us do not typically ride at 140 mph, but a lot can happen at much slower speeds so keep your head and eyes on a swivel and be prepared for the unexpected.



World Superbike Championship in Laguna Seca

Note from Chapter Ride Coordinator John DuBose: Jim Rich Assistant Ride Coordinator and I will be planning FL2-O Treasure Coast Riders rides for the season. **Please look for Jim's emails listing times and location. It's always nice if you **RSVP** so we have a head count for restaurants. We're looking forward to riding with you. A couple of notes: we always **plan a pre-ride meeting before KSU (Kick-Stands-UP), full tank of gas and empty blander.****



FL2-O Treasure Coast Riders

Ride Coordinator – John DuBose

772.971.8389 dubosej@comcast.net

Assistant Ride Coordinator - Jim Rich

561.748.9710 richtrader3@gmail.com

FL2-O Riding Season is here...



keep an eye out for Rides with Jim's emails

Tuesday, October 22nd	Luch Ride - Boonies in Loxahatchee (9 Riders)	Leads Jim & John
Monday, October 28 th	Lunch Ride – Cowpokes in Sebring (4 Riders)	Leads John & Jim
Saturday, Nov 9, 2024	FL District Ride-in Dixie Crossroads in Titusville	Joe/Sandy & Johe/Peggy
Thursday, November 21	Crabby Dockside at Fort Pierce Marina (6 Riders)	Leads John & Jim
Monday, November 25	Lake Placid – Jaxson's Restaurant (7 Riders)	Leads John & Jim
Wed, January 1, 2025	FL EWMA First Ride – Shrimp-R-Us in Welaka	Joe/Sandy & John/Peggy
Friday, January 10, 2025	Lunch Ride – Captains Gallery in Ft. Pierce (3/5)	Leads John & Jim
Wed. January 29, 2025	Lunch Ride – American ICON Brewery VB (17)	Leads John & Jim
Saturday February 1, 2025	Lunch Ride – Cowpokes Watering Hole Sebring	Visitation John
Wed February 5, 2025	Lunch Ride – Harpoon Harry's Punta Gorda (17)	Leads John & Jim
Saturday February 8, 2025	Lunch Ride - Hitchin Post – Lithia Pinecrest (4)	Visitation FL2-H John/Joe
Sat February 15, 2025	Lunch Ride – Brake Burger – Lake Wales (14)	Visitation FL2-H John
Sunday, February 16, 2025	Breakfast at CJ Cannon VB Airport FL2-D & O	Visitation John & Peggy
Tues, February 18, 2025	Lunch Ride – Lunkers in Okee FL2-O & FL2-A	Leads John & Jim 13 riders
Saturday, March 1, 2025	Daytona Bike Day Ride (Joe Pisano – Jim Cuff)	John DuBose
Wed, March 5, 2025	Lunch Ride Crabby Dockside & Seal Museum	Leads Jim & John
Saturday, March 8, 2025	Lunch Ride Runway Café' Sebring with FL2 - H	John DuBose (meet-up)
Wed – Sat March 12 - 15	Florida District Gathering - Gainesville	8 Members Attended
Thurs – March 27, 2025	Lunch Ride – Squid Lips – Sebastain (15)	Leads John & Jim
Friday – April 4, 2025	Breakfast Ride – Galaxy the Jupiter Island	Leads John & Jim
Saturday – May 3, 2025	Spirit Team Annual Picnic – Jonathan Dickerson	Lead Sandy Pisano
Wednesday, May 28, 2025	Breakfast Ride to Cracker Café – Indiantown (5)	Lead Jim Rich
June 5 – 7, 2025	Georgia District/Region A Rally – Helen, GA	Joe/Sandy & Jim/Sondra
Friday, June 13, 2025	Lighthouse Diner – Jupiter (5)	Lead Jim Rich
Saturday, June 21, 2025	District Ride-in Dixie Crossroads Titusville	Joe & Sandy

FRIENDS FOR FUN, SAFETY AND RIDING

FL2-O Stuart – Treasure Coast Riders <https://fl2o.org/>

**Assistant Chapter Director
and Webmaster**

Donna Goethel

**has added to the FL2-O
Webpage.**



- Ride Reports (New)
- **More Tab:** Pictures, Newsletters, Contact Us, Become a Member of EWMA, Store (Shirts), Ride Information/Planning

PLEASE TAKE TIME TO CHECK-OUT AND USE THE WEBPAGE.



Future Communication FL2-O

1. Please use FL2-O Treasure Coast Riders webpage: fl2o.org
2. Pictures will also be posted on Eagle Wings Motorcycle Association Webpage <https://www.ewma-world.org/> Pictures are under Members Resources – Photo Albums
3. Email communication will be done by Jim Rich Assistant Ride Coordinator richtrader3@gmail.com Please make sure you're on his mailing list.



July, 2025

Florida District Safety/Ride Coordinators

Dominick and Diane DeSiato

Safety Article

RIDING IN THE HEAT

It's hot!!! I guess I don't have to tell you that. Here are a few tips and facts that might help you make the best of it. Ride early in the morning or in the evening when it is cooler. Use sunscreen in direct sunlight. Wear long sleeves. I know that is contrary to what most riders want to do. Having covered skin in hot weather is actually better physically for you. If your skin is exposed the hot air rushes past your body and will dry you out. Just in the same manner you dry your hands in the hand blower in the restroom. Wear a helmet visor to keep the hot air from hitting you in the face. Don't wear black clothing which only draws the heat even more. Only wear a tank top shirt under your mesh summer motorcycle jacket. You could also wet your shirt under your mesh motorcycle jacket. You could put a cool tie around your neck. Take a flexible ice pack from the freezer and put it in your jacket. You could wear an ice vest. You could carry a mist spray bottle. Have drink holders on your bike for you and your passenger.

There are three physical concerns you should think about: Dehydration, Heat Exhaustion, and Heat Stroke.

Dehydration Symptoms: Dry or sticky mouth

Low or no urine output or concentrated urine appears dark yellow

Not producing tears

Sunken eyes

Lethargic

Dehydration Treatment: Seek shade or air conditioning

Drink additional water or sport drinks (diluted 50/50 with water)

If possible, decrease the time between rest stops

Heat Exhaustion Symptoms: Loss of large amounts of fluid through sweating

Sweating, clammy and moist skin with pale or flushed complexion

irritability
Extreme weakness or fatigue, giddiness, nausea, headache, or

Vomiting

Loss of consciousness

Heat Exhaustion Treatment: Drink additional water or sport drinks (diluted 50/50 with water)

Apply cool compresses or ice packs to the neck, groin, and arm pits

Heat Stroke Symptoms: Hot, dry, flushed or spotted skin

Severe headache

Exhaustion

Bizarre behavior

Hallucinations

Altered mental status

Confusion

Disorientation

Possible convulsions and coma

Heat Stroke Treatment: Call EMS (911) this is a medical emergency

Move rider to a cool place

Reduce rider's body heat immediately by any means available

Yes, it's hot out there. Let's make the best of it so we can continue to enjoy our sport in hot weather.

Ride Safe and stay cool,

Dominick & Diane

FRIENDS FOR FUN, SAFETY AND RIDING

Upcoming Florida EWMA Events

June 26 – 28, 2025	Alabama District Rally “Roaring 20’s”	Sheffield, AL
August 21 – 23, 2025	Virginia Riders District Rally “Rodeo Round-Up”	Harrisonburg, VA
August 28 – 30, 2025	EWMA “2025 Eagle Wing Rendezvous”	Fort Smith, AR
September 25 – 27, 2025	North Carolina District Rally “Back to the Smokies”	Sila, NC
October 16 – 18, 2025	Mississippi District Rally “The New Frontier”	Biloxi, MS
March 12, 14, 2026	Florida District Gathering of Friends for FUN “Happy 250 th Birthday America”	Gainesville, FL

For EWMA all Events and Flyers go to: <https://www.ewma-world.org/>

FUN in Florida is # 1



EWMA Florida District

**Fred & Karen Kennedy
District Directors**

Phone: 850-232-0365

E-mail: FredandKaren@cox.net

www.ewma-florida.org



EAGLE WINGS MOTORCYCLE ASSOCIATION



FL2-O Stuart – Treasure Coast Riders – 2025

Thanks ~ To everyone who wrote an article or pictures for this month's Newsletter: Dave Morris, Terry Henderson, Joe & Sandy Pisano, Jim Cuff, Jim Rich, John DuBose and Dominick & Diane DeSiato

Everyone is encouraged to submit relevant articles by the 25th of the month!

To John DuBose, Newsletter Editor - FL2oRoadCaptain@comcast.net

I'm looking for pictures of rides, trips, new accessories/bikes with a quote.

Rolling Thunder – Provided by Jim Rich

Service Tips



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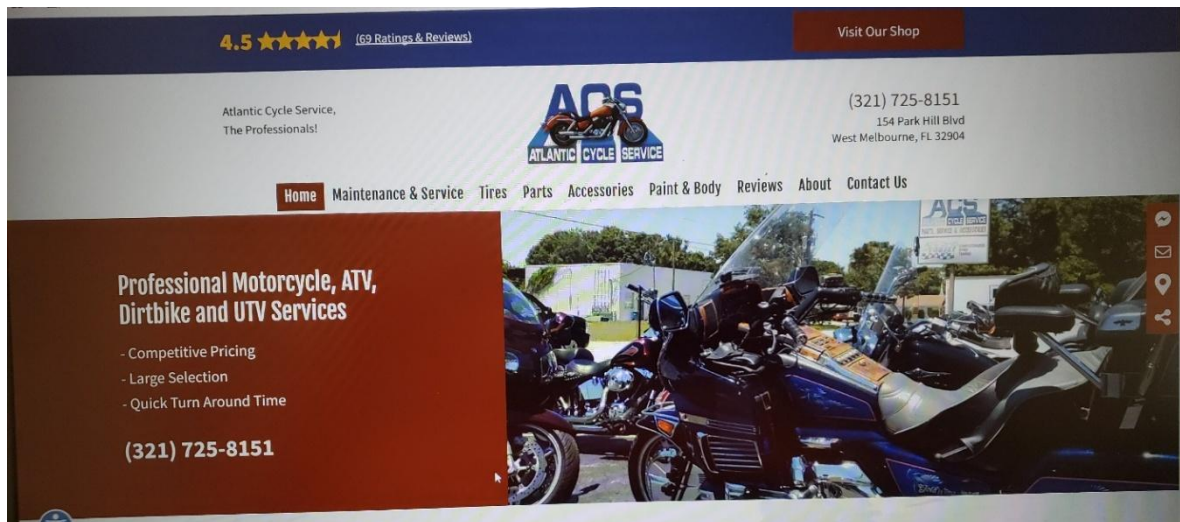
Dan GW Tech – Don Service Manager – Mike - Owner. - Treasure Coast Honda – Kawasaki

Don Gehring Service Manager will do his best to meet your needs.

<https://www.honda-kawasaki.com/>

2025 50th Anniversary Gold Wing now in stock... maybe it's time for a new wing!

Jim Cuff and Joe Pisano had their Gold Wing Trike warranty work done and very satisfied. John DuBose has his wing serviced there and very happy.



Atlantic Cycle Service – 154 Park Hill Blvd. West Melbourne, FL 32904

(321.725.8151) <https://www.atlanticcycleservice.com/>

Larry Pounds found a shop to help him with his trike....

Nice to have a choice