

to how some dogs feel with high pitched, excited, loud voices. The more a dog suffers from Separation Anxiety, the more calm the humans must be.

Admittedly, being calm is EXTREMELY difficult for humans to do. However, if done consistently, it will help the dog feel calm and secure, instead of anxious or nervous. It is especially effective if paired with eating first-- that is, putting crackers or nuts or something like that in the dog's bowl, calmly eating out of it for a minute or two— BEFORE feeding your dog. The purpose of this is to establish yourself as a calm, assertive pack leader, who controls everything including the source of food and WHEN the other pack members eat.

The pack alpha also comes and goes as they please (observed in both wolf and wild dog packs). Also, games and affection should both be initiated and ended BY THE HUMAN and not by the dog. Our dogs may be “domesticated” but they are still dogs, and that domestication is only once removed from wildness. We tend to treat our dogs more like human children than like dogs—but they are NOT children. This isn't any judgment on worth, but rather an observation about the differences between species. All dogs do best when alpha roles and pack order is consistent and stable. Please contact your trainer with any additional questions or concerns.

