

women			
	1st	2nd	3rd
2019	Emma Fisler (25:33)	Jennifer Fisler (27:58)	Michelle Howe (29:46)
2018	Emma Fisler (25:44)	Jennifer Fisler (27:52)	Michelle Howe (28:15)
2017	Emma Fisler (22:10)	Michelle Howe (26:38)	Margorie Lebo (27:23)
2016	allie engle (21:50)	courtney hager (22:07)	Emma Fisler (22:43)
2015	Kierra Zack (20:56)	Emma Fisler (21:31)	Jennifer Fisler (25:27)
2014	Emma Fisler (22:26)	Alyssa Swartz (24:09)	Becca Luft (24:46)
2013	Kim Anderson	Emma Fisler	Darby Anderson
2012	Emma Fisler (23:41)	Nicole Sheady (24:06)	Jennifer Fisler (24:23)
2011	Kim Anderson (22:46)	Jennifer Fisler (23:38)	Emma Fisler (25:15)
2010	Alyssa Doll (23:40)	Emma Fisler (23:44)	Jennifer Fisler (24:11)
2009	Kim Engle (22:12)	Liz Chilcote (23:54)	Amanda Daniel (24:06)
2008	Kim Engle (22:50)	Elizabeth Karns (28:21)	Michelle Howe (30:06)

men			
	1st	2nd	3rd
2019	Andrew Fisler (22:25)	Joe Mizrahi (28:18)	Brogan Baublitz (29:11)
2018	Shea Fisler (19:58)	Andrew Fisler (24:20)	Kyle Flemming (25:44)
2017	Abram Albert (18:33)	Shea Fisler (19:40)	Andrew Fisler (20:09)
2016	Abram Albert (20:36)	Shea Fisler (20:36)	Andrew Fisler (21:24)
2015	Sam Linder (21:06)	Shea Fisler (21:17)	Andrew Fisler (21:50)
2014	Tyler Monko (18:41)	Abram Albert (19:00)	Andrew Fisler (22:26)
2013	Jason Barbaretta	Ben Meck	Abram Albert
2012	Jason Barbaretta (18:17)	Randy Violette (18:40)	Abram Albert (19:41)
2011	Jason Barbaretta (18:19)	Randy Violette (19:04)	Joe Bodish (20:36)
2010	Tim Monko (17:25)	Abram Albert (19:05)	Levi Sower (19:07)
2009	Jon Foster (18:18)	Ben Meck (18:20)	Micah Engle (18:32)
2008	Abram Albert (19:33)	Brian Hager (19:37)	Casey Neidig (19:38)
2006	Jon Foster (18:16)		