



TRANSFORMING LIVES  
RESTORING PURPOSE

W W . C 2 G . O R G

## Called2Grow Recovery Program Overview

### About Called2Grow

Called2Grow is a faith-based 501(c)(3) nonprofit organization located in Crittenden County dedicated to helping individuals and families rebuild stable and productive lives through addiction recovery.

Our program combines structured sober living, peer support, accountability, workforce development, spiritual growth, mentorship, and evidence-based recovery practices to help individuals pursue lasting change and long-term stability. Called2Grow also operates as an approved workforce site, providing residents with structured workforce participation, vocational development, and accountability within the recovery process.

Called2Grow regularly works alongside probation officers, drug court programs, recovery partners, churches, workforce development partners, and community organizations to support individuals pursuing recovery and rehabilitation.

---

### Core Program Structure

Residents participate in a highly structured recovery environment designed to promote accountability, stability, and personal growth.

Program components include:

- Structured sober living housing
- Peer recovery support and mentorship
- Daily accountability and monitoring
- Random 28-panel drug screenings
- Workforce participation and vocational development
- Recovery meetings and support groups
- Life skills development
- Financial stewardship and budgeting
- Goal setting and transition planning
- Church involvement and spiritual growth opportunities
- Leadership development and mentoring

Our phased recovery model allows residents to progress through increasing levels of responsibility, independence, and leadership while maintaining accountability and support.

---



TRANSFORMING LIVES  
RESTORING PURPOSE

W W . C 2 G . O R G

## **The Called2Grow 5-Phase Recovery Model**

### **Phase 1 – FASTING**

#### **Focus: Stabilization & Structure**

Phase 1 is designed to eliminate distractions and help residents stabilize spiritually, mentally, physically, and emotionally.

Key focuses include:

- Intensive outpatient treatment (IOP)
- Medical and mental health stabilization
- Legal and personal organization
- Structured daily routines
- Work therapy and vocational discipline
- Spiritual focus and accountability
- Removal of unhealthy distractions

This phase establishes focus, removes distractions, and creates the structure necessary for long-term recovery and growth.

---

### **Phase 2 – FOUNDATION**

#### **Focus: Discipline & Personal Responsibility**

Phase 2 builds upon stabilization and focuses on developing discipline, work ethic, emotional maturity, and financial responsibility.

Residents begin:

- Workforce participation through Called2Grow programs and approved workforce opportunities
- Financial planning and budgeting
- Relapse prevention planning
- Emotional regulation development
- Increased personal accountability
- Vocational discipline and job readiness

This phase helps residents build a solid foundation of consistent habits, accountability, work ethic, and personal responsibility while remaining within a structured recovery environment.

---



TRANSFORMING LIVES  
RESTORING PURPOSE

W W . C 2 G . O R G

## **Phase 3 – COMMITTED**

### **Focus: Leadership & Increased Responsibility**

Phase 3 introduces increased leadership responsibilities, accountability, and measured independence while maintaining structure and supervision.

Residents are expected to:

- Demonstrate leadership within the home
- Mentor and support newer residents
- Continue workforce participation and vocational development
- Build financial savings
- Demonstrate maturity and consistency
- Balance increased responsibility with accountability

This phase shifts residents from participants to examples for others in recovery while continuing to strengthen leadership, discipline, and preparation for future independence.

---

## **Phase 4 – THRIVING**

### **Focus: Stability & Independent Living Preparation**

Phase 4 is the final structured phase before graduation and focuses on sustained sobriety, leadership, financial readiness, outside employment readiness, and transition planning.

Residents work toward:

- Stable outside employment
- Independent housing preparation
- Continued leadership within the home
- Long-term recovery planning
- Financial stability and savings
- Responsible independence

Residents in this phase often serve as Room Leaders or House Leaders while helping guide others through the program.

---



TRANSFORMING LIVES  
RESTORING PURPOSE

W W . C 2 G . O R G

## **Phase 5 – TRANSFORMED (ALUMNI)**

### **Focus: Lifelong Recovery & Community**

Graduation from structured housing is not viewed as the end of recovery, but the beginning of long-term independent stability.

Alumni remain connected through:

- Ongoing recovery support
- Mentorship opportunities
- Recovery meetings and fellowship
- Community outreach and service
- Accountability relationships
- Alumni networking and support

The goal of the Transformed phase is continued growth, leadership, stability, and lifelong recovery support.

---

### **Program Goals**

The goal of the Called2Grow Recovery Program is to help individuals:

- Achieve and maintain sobriety
- Develop accountability and discipline
- Build emotional and spiritual stability
- Establish healthy relationships and routines
- Gain employment and financial responsibility
- Prepare for independent living
- Remain connected to long-term recovery support systems

At Called2Grow, we believe recovery is not simply about avoiding substances — it is about building a stable, responsible, and purposeful future.

Transforming Lives and Restoring Purpose.