



# Rural Kidney Association Update

December 2025

## Hello everyone,

Welcome to our very first newsletter for all PD and Home Dialysis training centres currently receiving the **Norm Bourke Box**.

For some of you, we've been working together for over seven years, and for others, just a few weeks. We are thrilled to share that the rollout of the Norm Bourke Boxes across NSW and ACT is now complete! We've officially received orders from the final two hospitals in the region. What an exciting milestone!

## What's in the box?

Currently, there are **two versions** of the Norm Bourke Box:

- **Original hospitals** continue to receive the original box of supplies.
- **Newer hospitals** receive an updated version, which includes:
  - Omron Blood Pressure Monitor
  - Bathroom Scales
  - 2 bottles of QV Body Wash



This change simplifies ordering and ensures consistency across the state. Both versions will remain in use until **30 June 2026**, after which all hospitals will transition to the standard four-item box.



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We've also introduced a **shopping bag** to make it easier for patients to take supplies home which is red and branded with our logo.

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## Welcome to our new hospitals!

Since mid-year, we've welcomed:

**Blacktown, Wollongong, Tweed Valley Hospital, Long Jetty Home Dialysis Unit, Liverpool, Wagga Wagga (including Deniliquin and Griffith), Royal Prince Alfred, St Vincent's, Randwick Adults and Children's Hospital, and Royal North Shore.**

We're excited to have you on board!

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## Frequently asked Questions

### Can we get different cuff sizes?

Yes! We can provide small, XL, and XXL cuffs, just let us know your needs.

### Can existing patients receive these supplies?

Absolutely. Please include any current PD patients who lack functioning equipment. Home Hemodialysis patients without these items can also be supplied.

### When will supplies arrive?

Once you email your order, you'll receive an acknowledgment. Supplies typically arrive within **2-4 weeks**. If anything is missing, [email us](#), and we'll follow up promptly.

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## Site Visits

Over the next 12 months, Neil and Nicki hope to visit as many sites as possible. Nicki will speak at **Long Jetty patient information sessions** this year, sharing insights of her time on PD and her positive experience receiving a living donor transplant 11 years ago. If you'd like us to attend a session at your site, let us know and we'll do our best to coordinate.

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## Share your stories

We'd love to hear feedback from your staff, patients, and families. Any of your stories, suggestions, or ideas for improvement - please email us! And feel free to share this newsletter with anyone who might find it helpful.

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## Wishing you a safe holiday season

Thank you for your ongoing support. We look forward to working with you for many more years.

**Nicki and Neil Scholes-Robertson**

On behalf of the **Rural Kidney Association Team**

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