

**Disclaimer of Liability**

**Shera Strange** is not a physician or psychologist, and the scope of his/her consultation services does not include treatment or diagnosis of specific illnesses or disorders. If I, the client, suspect I may have an ailment or illness that may require medical attention, then it is my responsibility to consult with a licensed physician immediately. Only a licensed physician can prescribe drugs.

﻿Any mention of drugs in the course of consultation is only to provide a complete history of drugs that the client is taking and not for **Shera Strange** to judge the appropriateness of the medication. Any change in prescription or dosage is a decision the client makes with his or her physician.

Rather than dealing with the treatment of disease, **Shera Strange** focuses on wellness and prevention of illness through the use of natural nutritional therapies to achieve optimal health. As a certified Health Coach and Personal Trainer, **Shera Strange**primarily educates and motivates clients to assume more personal responsibility for their health by adopting a healthy attitude, lifestyle, and diet.

While people generally experience greater health and wellness due to embracing a healthier attitude, lifestyle, and diet, **Shera Strange** does not promise or guarantee protection from future illness.



By signing below, I acknowledge that I understand that **Shera Strange** is a **Personal Trainer and Certified Health Coach, not a physician** and that I should see a doctor if I think I have a medical condition. **Shera Strange** will not be held liable for failure to diagnose or treat an illness, nor will she/he be liable for failure to prevent future illness.

In addition, I have given **Shera Strange** a complete and accurate account of any medical conditions I may have and any medications I am taking.

**By Signing, I agree to the terms. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**DATE:**