

Sign and return this page to your team mom.

**2026 SEQUOYAH JR CHIEFS FOOTBALL
PARENT & PLAYER**

CONFIRMATION SHEET

Players will not be allowed to participate in practice until all paperwork is signed and returned

We have read and filled out the following paperwork as needed:

- **Filled out and Returned Athletic Emergency Information Sheet**
- **Read through the Player and Parent Expectations**

We agree to abide by the policies, and we understand that any violation of these policies may result in disciplinary action and/or removal from the team.

Player's Name (Print): _____

Grade (2026-27): _____

Player's Signature: _____

Parent Name (Print): _____

Parent's Signature: _____

Date: _____

What the Program Expects from Players

Players in the Sequoyah Jr. Chiefs program are expected to:

- Attend class regularly and prioritize their education
- Be honest in all actions
- Show loyalty to family, school, teachers, coaches, teammates, and friends
- Be prompt, courteous, dedicated, and emotionally mature
- Be unselfish and respectful toward coaches and teammates
- Practice to the best of their ability
- Give maximum effort and make the most of their abilities
- Do what is right — you know the difference between right and wrong
- Be on time — promptness shows commitment
- Be dependable — **dependability over ability**
- Be accountable to themselves and their teammates
- Give your best effort — that's all we ask
- Outwork anyone who wants the same goal
- Treat others the way you want to be treated
- Report all injuries, issues, or concerns
- Avoid behavior that reflects poorly on the team or school
- Take pride in the football program

Requirements to Participate

To be eligible to play football, players must:

- Complete the online registration form
 - Have a current physical on file (submitted to the team mom)
 - Submit all required athletic paperwork
 - Follow all team policies
 - Participate in team activities
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Injury Policy

Player safety is our top priority.

- Understand the difference between **pain** and **injury**
 - Be honest when reporting injuries or health concerns to coaches or trainers
 - Any injury during practice or a game must be evaluated by a trainer or doctor that same day
 - A doctor's clearance determines when and how a player may return to practice
 - Seriously injured players who cannot dress out are still expected to attend practice and observe
 - Injured players must wear a practice jersey, shorts, and athletic shoes (no flip-flops or sandals)
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Equipment Responsibilities

Each player will be issued equipment.

- Only equipment issued or approved by a coach or director may be worn
 - Personal equipment is not allowed without approval
 - Equipment may not be altered or modified
 - Players are responsible for their assigned equipment
 - Do not borrow or loan equipment
 - Report lost equipment immediately
 - Families are responsible for lost or damaged equipment at season's end
 - Players may not practice or play without full equipment
 - Equipment-related tardiness is not excused
 - Equipment issues should be handled before or after practice, not right before
 - All gear must be washed regularly
 - All equipment must be cleaned and returned promptly after the season or fees will be charged
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Special Emphasis: Safety & Conduct

The Jr. Chiefs program strictly prohibits any action intended to deliberately injure an opponent or teammate.

- Protective equipment must be used properly — misuse can result in serious injury, paralysis, or death
 - Learn and follow the rules of the game
 - Unethical conduct and poor sportsmanship will not be tolerated
 - Play hard, compete with intensity, but always within the rules and spirit of the game
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Five Key Ingredients for Team Development

1. **Hustle** – Everyone can give 100% effort
 2. **Courage** – Get back up when knocked down
 3. **Know Your Assignments** – Discipline leads to success
 4. **Desire to Win** – Team success comes from shared commitment
 5. **Loyalty** – A strong team cannot be divided
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Team Rules & General Policies

Players are expected to represent themselves, their team, and Sequoyah High School with pride at all times.

General Conduct

- Use appropriate language — no profanity or obscene gestures
- Follow Youth League, GMSAA, and county policies
- Avoid behavior harmful to yourself, the team, or the school
- Treat staff and teammates with respect
- Respect differing opinions

Practice Expectations

- Be on time (class conflicts require a note)
- School attendance and tardiness may affect participation
- Helmets must be worn or carried while on the practice field

- Hustle between locations — we run, we don't walk
 - If practice must be missed, notify your coach personally
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Grounds for Suspension or Dismissal

Players may be suspended or removed from the team for:

- Misconduct at school or in the community
 - Failure to follow school or team rules
 - Repeated unapproved absences from practice
 - Theft, drug involvement, or violations of tobacco/alcohol policies
 - Refusal to follow reasonable coaching instructions
 - Disrespect toward coaches, trainers, or school officials
 - Any behavior deemed harmful to the team by the coaching staff
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Player Discipline Process

Discipline is intended to correct and improve behavior and may include:

- Informal conference
 - Formal conference
 - Placement on the **E.O. (Extra Opportunity) List** for after-practice conditioning
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Missing Practice Policy

Missed practice is missed development.

- **Excused absence:** 1 day on E.O. List
 - **Unexcused absence:** 2 days on E.O. List
 - Repeated unexcused absences may result in removal from the program
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E.O. (Extra Opportunity) List

Players may be placed on the E.O. List for:

- Missing practice

- Poor grades (D's or F's)
- School behavior issues
- Tardiness to practice
- Causing distractions on the field, in the locker room, or in the classroom

E.O. requires additional conditioning after practice.

Parent Expectations

Parents play a vital role in the success of the program.

- Parents may watch practice but must stay off the field
- Families are encouraged to support fundraising activities
- Volunteer Requirement:
 - 2 events per Middle School player
 - 1 event per Elementary School player
- Use the main school parking lot for drop-off and pick-up
- Model positive sportsmanship at all times
 - Do not berate officials, players, coaches, or fans

Players and parents are expected to follow the Sequoyah High School Athletics Policy

Coaches have the authority over who becomes a participant of the team and when the participant plays or is removed from the team. The coaching staff determines coaching strategy. Acceptance of a position on the team includes acceptance of this policy. It is a privilege, not a right, to be a member of an athletic team.

Appropriate concerns to discuss with coaches:

- 1. Situations involving your child.**
- 2. Ways to help your child improve.**
- 3. Your child's attitude, work ethic, and eligibility.**
- 4. Concerns about your child's behavior**

Issues that are not appropriate to discuss with coaches or AD:

1. Playing time of any student-athlete.
2. Team strategy, practice organization, or play calling.
3. Other student-athletes

Procedures to follow if there is a concern to discuss with a coach:

1. Your child should speak to the coach about an issue before you intervene. This will help our student-athletes grow into young adults.
2. Contact the coach to set up an appointment. Give the coach a brief summary of what you want to discuss. This enables the coach to prepare to give you the best possible answers to your question(s). If the coach cannot be reached, contact the athletic director. The athletic director will assist you in arranging a meeting. Coaches will not talk to you unless you have arranged an appointment.
3. If a meeting with the coach did not provide a satisfactory resolution, call to schedule an appointment with the athletic director to discuss the situation.

The 24-Hour Rule will be utilized for any in-season communication with the coaching staff. Contact with the coaching staff will not be allowed until 24 hours after an athletic event. The only exception to this rule is reporting an injury, illness or emergency situation.

SPORTSMANSHIP POLICY

Sequoyah High School recognizes the importance of emphasizing GOOD SPORTSMANSHIP

in all aspects of school related activities. The following are fundamentals of good sportsmanship in all activities that the school urges fans, spectators, participants, staff members and parents to follow:

- 1. Gain an understanding and appreciation for the rules of the game.**
- 2. Exercise positive behavior always.**
- 3. Recognize and appreciate skilled performances regardless of affiliation.**
- 4. Exhibit respect for the opponents and officials always.**
- 5. Openly display pride in your actions at every opportunity.**

Unacceptable behavior shall include, but not be limited to, the following types of conduct. Such

conduct will result in removal from the activity:

- 1. Insubordination to referees, coaches, or other school personnel supervising the activity.**
- 2. Fighting, intimidation of, or attempt to intimidate, or taunting of referees, coaches, players, participants, or spectators.**
- 3. Throwing debris or littering the playing field or facility.**
- 4. Verbal abuse or use of profane or obscene words or gestures during a game or activity.**
- 5. Disruptive behavior or conduct.**

Sequoyah High School will not tolerate any violations of the above. Good sportsmanship is expected from everyone before, during, or after any interscholastic contest or other school related activity in our schools or any other place our students are competing/participating. Any concerns regarding any part of an athletic or activity program must follow the complaint procedures of the Sequoyah High School Athletic Handbook. During or immediately

after an event is NOT the proper time to raise questions or concerns about a program.

Violations of any of the above guidelines will result in the following consequences:

- 1. Immediate removal from the contest or activity.**

- 2. Upon investigation by the administration of the schools involved violator(s) may be suspended from activities depending upon the severity of the infraction.**
- 3. Any suspension will be honored at all Sequoyah High School activities. An individual suspended from Sequoyah activities will not be allowed to attend activities at any other school during suspension period.**

As a parent I have read the Student-Athlete Parent Expectations and Sportsmanship Policy. I understand the procedure for communicating with my child's coach and will adhere to guidelines set forth for doing so. Furthermore, I understand the importance of Good Sportsmanship and agree to the school's policy.

We look forward to a great season. Thank you very much for your cooperation and understanding.