



PKSA Karate Testing Requirements

E Dan to Sam Dan

Basic Actions (All Previous)

1. Sang Soo Ha Dan Sang Dan Mako
Ahp Cha Go
Keemah Ha Dan Mako
Slow Soo Do Mako
Toroso Choon Dan Kong Kyuck
2. Moo Rup Ha Dan Mako
Toroso Jip Kae Son Kong Kyuck
Ahp Cha Go
Dull Ryo Cha Go
Spinning (360) Dull Ryo Cha Go
Dull Ryo Dwi Cha Go
Toroso Choon Dan Kong Kyuck
3. Ahneso Pahkero Cha Go
Pahkeso Ahnero Cha Go
Dwi Dull Ryo Ahneso Pahkero Cha Go
Dull Ryo Dwi Cha Go
Toroso Choon Dan Kong Kyuck
4. Ha Dan Mako
Toroso Choon Dan Kong Kyuck
Bal Ja Ba Mako
Sang Dan Mako
Toroso Choon Dan Kong Kyuck
5. Yuk Soo Do Mako
Sang Mok Deung
Han Mok Deung
Sa Go Rip Ha Dan Mako
Dwi Dull Ryo Ahp Pallo Cha Go
Il Chu Mok Kong Kyuck
Step Back Bal Nul Bee Seo Kee Jaseh

Hyung

All Previous Hyungs

Weapons

All Previous

Pyung Ahn Il Soo Shik (1-8)

E Soo Shik (1-8)

Ho Sin Sool

- All Previous Ho Sin Sool
- Advanced Ho Sin Sool Form

Kyok Pa: 3 station break with 5 boards

Da Soo Deh Ryun: Free sparring against multiple attackers

In Neh: 3 mile run, 70 Push ups, 70 Sit Ups, 70 Squats, Double Jump Front Kicks

Terminology / History: As requested by a board of examiners (*may be tested*)

\$580.00

Revised: 01/2024