



PKSA Karate Testing Requirements

SAM DAN to SA DAN

Basic Actions

All from White belt to Sam Dan

Hyung

All Previous Hyungs (White belt thru Sam Dan)

Weapons

All Previous Hyungs (White belt thru Sam Dan)

Kneeling Il Soo Shik

1 through 16

Il Soo Shik

All Previous (Red Belt thru Sam Dan)

E Soo Shik

All Previous

Pyung Ahn Il Soo Shik

All Previous

Ho Sin Sool

All Previous (White belt thru Sam Dan)

Kneeling Knife Defense

1 through 5

Chair Defense

1 through 7

Kyok Pa: 2 station break with 6 boards

Da Soo Deh Ryun: Free sparring against multiple attackers

In Neh: 3 mile run, 70 Push ups, 70 Sit Ups, 70 Squats, 6 Counts

Terminology / History: As requested by a board of examiners (*may be tested*)

\$695.00

Revised: 01/2024