



PKSA Karate Testing Requirements

Red 3 Stripe to Red 3 Stripe with Gold

Red Belt Combo Basic Actions

1. Ha Dan Mako / Toroso Choon Dan Kong Kyuck / Sang Dan Maki
2. Choon Dan Kong Kyuck / Toroso Choon Dan Kong Kyuck / Ahneso Pahkero Maki
3. Choon Dan Wing Jing Kong Kyuck / Hugul Yup Mako / Sang Soo Ha Dan Maki
4. Chungul Sang Soo Mako / Toroso Choon Dan Kong Kyuck / Ha Dan Soo Do Maki
5. Ha Dan Soo Do Mako / Toroso Kwan Soo Kong Kyuck / Pahkeso Sang Dan Soo Do Kong Kyuck
6. Pahkeso Ahnero Mako / Toroso Pahkeso Ahnero Mako / Sang Soo Hugul Yup Maki
7. Yuk Soo Kong Kyuck / Choon Dan Soo Do Mako / Sang Dan Maki
8. Dwi Cha Go / Sang Dan Mako / Toroso Choon Dan Kong Kyuck / Ha Dan Soo Do Maki
9. Ahp Cha Go / Dull Ryo Cha Go / Dwi Cha Gi
10. Toro Yup Cha Go / Dwi Cha Go / Dull Ryo Cha Gi
11. Dull Ryo Cha Go / Ee Dan Ahp Cha Go / Dwi Cha Gi
12. Ahp Cha Go / Ee Dan Yup Cha Go / Dwi Cha Gi

Basic Actions

All Previous Basic Actions

Nado Kong Kyuck (Hana)

Pay Ding Cha Toroso Dwi Dull Ryo Cha Gi

Kong Jong Dwi Dull Ryo Cha Gi (kids)

Reverse ridge hand (#1)

Fade in reverse back kick

Running jump back kick

Hyung

All Previous Forms

Nai Han Chi Cho Dan

Weapons

All Previous Forms

Bong Hyung Sam Dan (*Tested at R3g*)

Il Soo Shik Dae Ryun: Hand and Foot Combinations 1 - 10

Ho Sin Sool

Bear hug from back #2

Leg trap take down

Terminology / History (*may be tested*)

Our forms and what they represent:

Kicho: Toddler learning to walk

Pyong Ahn: Turtle (or tortoise)

Bassai: Serpent

Naihanchi: Iron horse

Chil Sung: The Plough Star

Ja Yoo Dae Ryun

1 or more attackers - Padded

Personal Development Creed (*may be tested*)

Goal Setting Creed (*may be tested*)