



PKSA Karate Testing Requirements

Red 4 to Cho Dan

Basic Actions

All Previous Basics

E Dan Ahp Pallo Cha Gi

Jump Axe Kick

Hyung

All Previous Forms

Weapons

All Previous Forms

Il Soo Shik Dae Ryun

Hand and Foot Combinations 1 - 10

Ho Sin Sool

All self defense up to this point

Kyok Pa

Three boards at three stations

Terminology / History

All Written Test Questions

Ja Yoo Dae Ryun

1 or more attackers - Padded

In Neh / Endurance

50 Push Ups / 50 Sit Ups / 50 Deep Knee Bends / 1 Mile Run / Continuous Front Punches

Personal Development Creed *(may be tested)*

Goal Setting Creed *(may be tested)*

Testing Fee:

Register Online at PKSA.COM (Includes testing fee and embroidered belt.

Other:

Minimum training time four years from white belt.

Must have demonstrated loyalty to Master Instructors, Instructors and PKSA Karate.

Must be recommended by Instructor and approved by Master Collins

Must have proper respect, attitude and Tang Soo Do Spirit.

Must be attending class at least three times per week.

Must write an essay on what it means to you to become a Black Belt.

Must attend a minimum of 2 PKSA Corporate Events (tournaments, seminars, etc.)