

# **JR. COUGAR FOOTBALL PARENT MEETING**



**February 2024**

# Head Coaches

- 8th Grade - Coach Massey
- 7th Grade - Coach Bivens
- 6th Grade - Open



- League GMSAA - Division TBD
- Location of Games
  - Varsity High School Stadiums
- Teams in League
  - Most local HS feeder programs are in GMSAA



# TACKLE

## Spring Season

- FREE, come try it out and see what you think!
- 3 weeks Starting April 29th-May 16th
- Scrimmage on May 18th
- Practice is with FULL PADS
- Practice Hooch Mon-Thur 6:30-8:30
- \$150 equipment deposit, via Credit Card Authorization Form
- Equipment Handout Friday 4/26 or (30) thirty min before practice
- No physical required but you can take care of it now and not wait until Fall!



# FALL SCHEDULE

## ➤ Off Season Training Workouts

**FREE! Given by High School**

**Strength, Conditioning, Speed, Agility, Skills**

**Held by Varsity Coach Carlisle**

## ➤ GMSAA Calendar

**First day of practice begins** July 22, 2024 – (3-5 x week),  
Labor Day and after 3 x week Mon. Tues. Thur. 6:30-8:30 Hooch/TRMS

Scrimmage tentatively scheduled for August 10th

Kick Off Classic Game tentatively scheduled for August 17th

Pictures tentatively scheduled for August 18th

1<sup>st</sup> Regular Season Game tentatively scheduled Aug. 24th

We **DO** play Labor Day weekend!

We should have a **BYE Oct. 12th**

Last Regular Season Game - Late October 2024

Playoffs - November 2024

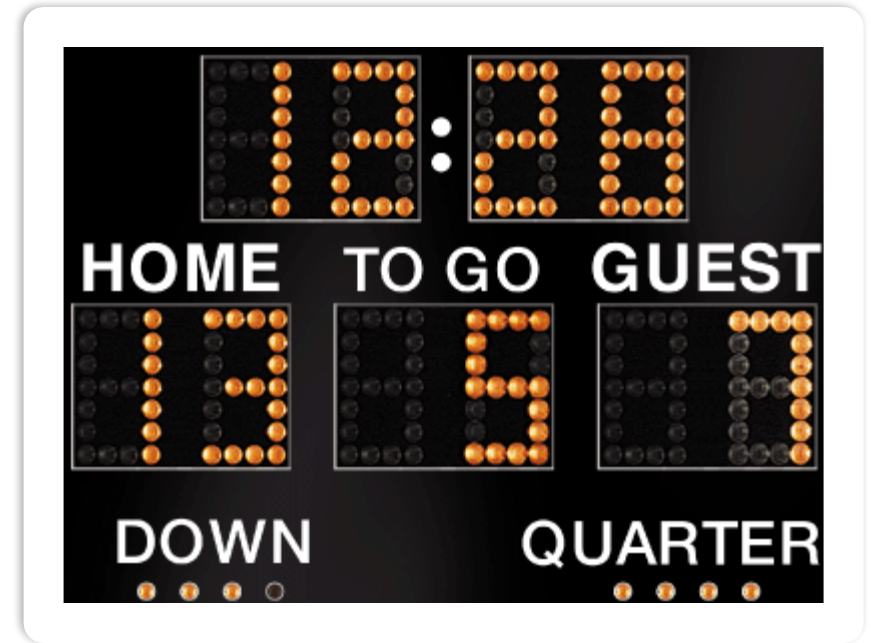
# Player Responsibility

- Player Responsibility
  - Competitive Program
  - COUGAR TIME 15 min early
  - Be respectful and responsible on the field and off the field
  - Learn Plays become a better player
  - Team Player
  - Grades
  - Be accountable and responsible



# SAFETY

- Helmets, mouthguards
- Learning the plays, study to be safe!
- Coaches Certified and background checks
- Medical forms
- Medical team on the field with players during practices and games.



# COMMUNICATIONS

- Stack Team:
  - Season Management Tool
  - Teams, Schedules, Chat, etc...
- Website:
  - <https://www.jrcougarfootball.org>
- Social Media:
  - Instagram - juniorcougarfootball
  - Facebook - Jr. Cougar football
  - X - juniorcougarfootball
- General Communication:
  - Weekly Newsletters



\* By registering your athletes in the Jr. Cougar Football program, you agree to the possibility of their participation in photography or filming at different events and games. These captured images or videos might be utilized in Junior Cougar Football communications, including social media posts, website updates, or promotional materials.



# FUN EVENTS

Parent Night - 2024

Lift-A-Thon with Varsity

Family Event - *Falcons Game*

Football Camp - June

Season Kick Off - August

Pep Rally

Locker Decorating

Alumni Game

Lunches/Dinners

Board/Directors Appreciation Night

Banquet



**Your  
Choice in  
2024!**

**Earn  
Credits!**

**Volunteer!**

**Sign up  
Today!**

### **\$200 Credit**

President  
VP of Football Operations  
VP of Game Day Operations  
VP of Communications  
Secretary  
Treasurer  
Assistant Coach  
Director of Concessions  
Director of Equipment  
Safety Coaches

### **\$150 Credit**

Team Parent  
Director of Registration  
Director of Special Events  
Director of Fundraising/Sponsorships  
Director of Recruitment  
Director of Spirit  
Grill Master 7th and/or 8th Grade Games @ 6-7 games/grade - \*may e  
Field Set Up - all games throughout the season  
Field Break Down- all games throughout the season  
Drink Parent for all Games for 6th, 7th, and/or 8th  
Snack Parent for all Games for 6th/7th/and or 8th  
\*\* Credit Max is \$200/player and \$300 for multi players except for Grill Master

**CREDIT**

**Sponsors** - Players may earn up to a \$750 credit for a small business sponsor

\$250 - White Sponsor  
\$500 - Blue Sponsor  
\$1,000 - Gold Sponsor

### **Earn \$15/Hour with these positions**

Gate working a game/scrimmage  
Concessions working a game/scrimmage  
Announcer for all games on game day  
Game Film for all games on game day  
\*other positions may be announced

# TREASURER

- [jrtreas@hoochfootball.net](mailto:jrtreas@hoochfootball.net)
- Fee
  - Tackle \$750 for one player \$50 discount on multi-player
  - Payment Plan available \$200/month
  - Must be paid in full by **8/31** or player must sit out of all activities till paid
  - **REMEMBER YOU** can **EARN CREDITS**
  - **REMEMBER YOU** can **EARN MONEY BACK**
- **Fundraising also offered!!!!**
- Snap Raise - Fundraising Goal \$9,000 -
  - Not Required; But Encouraged!
  - Earn up to \$750, but not more than your out of pocket registration fees
- B2B Fundraising Goal \$5,000
  - Sponsorships from local businesses
  - Spirit Nights at local restaurants
  - Help to fund Financial Aid Scholarships
    - Available up to \$400 with restrictions and qualifications



## REGISTRATION

Email: jrsec@hoochfootball.net

- **NOW OPEN - Spring Registration** only with no fees; additional fall registration required (open via Picklejuice)
- **Fall Registration** coming at the start of Spring Season for Middle School (new registration platform to be announced) - ENDS 8/10/24
  - Volunteer credit codes will be provided after committing to a position
  - Sponsorship credit code will be provided after business application completion
  - MAX CREDIT is \$750
  - PAYMENT PLAN AVAILABLE
- Required Paperwork (must be submitted by **first Fall Practice/ no later than Kick Off Classic for late registration**)
  - Proof of Age (Birth Certificate or Passport)
  - Proof of Residency (Utility Bill)
  - Completed Physical valid through end of 2024
  - GMSAA Covid Waiver
  - GMSAA Concussion Waiver
  - GMSAA Participant Waiver
  - Returning 2023 season players (rising 7th/8th) only need to submit updated Proof of Residency and Physical Evaluation
- Electronic Waivers
  - Parent and Player Code of Conduct



# REGISTRATION

- <http://www.jrcougarfootball.org/>
- **REGISTER NOW!**
- Registration Questions email  
[jrsec@hoochfootball.net](mailto:jrsec@hoochfootball.net)

