

## My top 10 list of what distracted drivers may be doing in no order of precedence:

*Note: Some may even be doing several at once...Yikes!!!*

1. ***Texting or Using a Mobile Phone:*** Engaging in texting, dialing, listening to voicemails, or browsing on a smartphone (Candy Crush) while driving.
2. ***Eating or Drinking:*** Consuming food or beverages, which can divert attention away from the road.
3. ***Talking to Passengers:*** Having animated or intense conversations, especially when looking at the passenger instead of the road.
4. ***Adjusting the Radio or Music System:*** Changing the station, adjusting the volume, or switching playlists, which involves taking eyes off the road.
5. ***Using In-Car Technologies:*** Interacting with GPS devices, dashboard displays, or other integrated technologies that require visual or manual input.
6. ***Grooming:*** Activities such as applying makeup, combing hair, or shaving while driving.
7. ***Daydreaming:*** Being lost in thoughts, not actively paying attention to driving or the surrounding traffic conditions.
8. ***Looking at External Distractions:*** Peering at accidents, billboards, or people on the sidewalk, leading to visual distraction.
9. ***Handling Children or Pets:*** Reaching back to manage children or pets can take attention and hands away from driving.
10. ***Reading:*** Looking at maps, books, or any reading material while driving.

**These behaviors can significantly reduce a driver's reaction time and awareness, increasing the likelihood of accidents.**

I know this was a bit long but hoping that these words save a LIFE!

Safe Travels! *Robert G*