

# Why Not Treat It All at Once?

# Relieve pain, anxiety, insomnia and depression quickly and safely with Alpha-Stim®

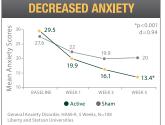
The brain functions electrochemically and can be readily modified by electrical intervention. Alpha-Stim utilizes Cranial Electrotherapy Stimulation (CES) and Microcurrent Electrical Therapy (MET) to deliver the only patented waveform which is clinically proven in over 100 studies to significantly decrease pain, anxiety, insomnia, and depression.

- Cumulative in effectiveness, with most patients showing improvement after the first treatment
- Safe, with no serious adverse events reported in over 35 years of clinical use
- Used as a first-line therapy, or as an adjunct to pharmacotherapy (without polypharmacy side effects)

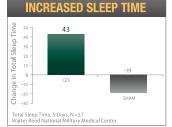
## **PROVEN:** Alpha-Stim Significantly Reduces Pain, Anxiety, Insomnia, and Depression



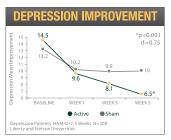
In a study of severe pain patients, Alpha-Stim reduced pain by an average of 71% after only 5 treatment sessions<sup>1</sup>



After 5 weeks of treatment, the active Alpha-Stim CES group reported an average decrease of 94% in their anxiety<sup>2</sup>



Service members experienced an average increase of 43 total minutes of sleep time after only 5 Alpha-Stim treatments<sup>3</sup>



After 5 weeks of treatment, the active Alpha-Stim CES group reported an average decrease of 75% in their depression<sup>2</sup>

#### REFERENCE

- 1. Holubec JT. Cumulative response from Cranial Electrotherapy Stimulation (CES) for chronic pain. Practical Pain Management. 2009; 9(9):80-83.
- 2. Barclay TH, Barclay RD. A clinical Trial of cranial electrotherapy stimulation for anxiety and comorbid depression. Journal of Affective Disorders. 2014; 164:171-177. Presented at the American Psychological Association National Conference, Honolulu, July 2013. 3. Lande, R. Gregory and Gragnani, Cynthia. Efficacy of cranial electric stimulation for the treatment of insomnia: A randomized pilot study. Complementary Therapies in Medicine. 2013; 21(1):8-13.

### HELP FOR YOUR PATIENTS IS HERE.

To get started and to see more clinical data, visit www.Alpha-Stim.com or call 1-800-FOR-PAIN (in USA) or +940-328-0788 (Outside USA).