



Behavioral Health Integration (BHI)

Frequently Asked Questions

1. What is WellBrain?

WellBrain is an iPad based digital health platform that enables healthcare providers to assess-engage-monitor patient health using evidence based tools that maximize non-opiate modalities & help manage chronic pain.

2. What is Behavioral Health Integration?

As defined by HHS: Integrated behavioral health care blends care in one setting for medical conditions and related behavioral health factors that affect health and well-being. Integrated behavioral health care, a part of “whole-person care,” is a rapidly emerging shift in the practice of high-quality health care. It is a core function of the “advanced patient-centered medical home.”

3. Why implement BHI, specifically WellBrain BHI?

A growing body of research shows integrated behavioral health improves health and patient experience, while reducing unnecessary costs in time, money, and delays. Because chronic pain and mental health conditions are deeply intertwined, they should be treated together. The changing environment for prescribing opioids has also created additional behavioral health requirements for practitioners (CDC, State Medical Board, and JCAHO). The WellBrain BHI platform can easily and cost effectively streamline patient treatment planning & monitoring to support better outcomes for chronic pain patients.

4. How do my patients interact with WellBrain?

Patients complete the BRIEF WellBrain BHI panel assessments when in the clinic office for their regularly scheduled appointments. Once enrolled, patients will access their exercises and assignments using the WellBrainGo patient app.

5. How do I get started?

It's FAST and EASY. Simply register, receive your iPad and complete the 15 minute onboarding with our customer success team. You will be *WellBraining* within a few days!

6. What is the cost?

Flexible options available based on clinic implementation plans: Monthly flat fee/provider (unlimited use) or per patient pricing.

7. How do I get reimbursed?

As of January 2018, Medicare is reimbursing for general behavioral health integration through CPT 99484.

8. What are the requirements for General BHI?

Care Management for Behavioral Health Conditions (99484)

Care management services for behavioral health conditions, at least 20 minutes of clinical staff time, directed by a physician or other qualified health care professional, per calendar month, with the following required elements:

- Initial assessment or follow-up monitoring, including the use of applicable validated rating scales;*
- Behavioral health care planning in relation to behavioral/psychiatric health problems, including revision for patients who are not progressing or whose status changes;
- Facilitating and coordinating treatment such as psychotherapy, pharmacotherapy, counseling and/or psychiatric consultation; and
- Continuity of care with a designated member of the care team.

Important Links:

[CMS mIn Fact Sheet-Behavioral Health Integration](#)

[CMS Behavioral Health Integration FAQ](#)

[HHS-Integrated Behavioral Health](#)