

Pre-Op Dyna-Hex 2 Bathing Instructions

General Information

- Because the skin is not sterile, it is important to make sure that your skin is as free of germs as possible before surgery. You can reduce the number of germs on your skin by carefully washing before surgery.
- Chlorhexidine gluconate (CHG) is a special soap that is often used to cleanse the skin before surgery. One common brand is Dyna-Hex 2.

Bathing Instructions:

- Shower or bathe with Dyna-Hex **THREE** days prior to surgery; the morning/night before surgery and the day of surgery. (A total of 3 showers with Dyna-Hex2).
- Do not shave the area of your body where the surgery will be performed.
- Rinse your hair and body thoroughly after you shampoo to remove all shampoo residues.
- Apply the Dyna-Hex 2 soap to the extremity being operated on.
- **DO NOT USE DYNAX-HEX2 NEAR YOUR EYES OR EARS TO AVOID PERMANENT INJURY TO THOSE AREAS.**
- Wash thoroughly, paying special attention to the area where your surgery will be performed. For example if it is the right knee you would wash the right leg with the Dyna- Hex 2 soap and then lightly rinse and pat dry.
- Wash your body 5 minutes. Do not scrub your skin too hard. Rinse soap off body.
- Pat yourself dry with a clean, soft towel.
- Do not use lotion, cream or powder.
- Wear clean clothes.

Why

Bathing with Dyna- Hex 2 or a similar product is an important step in preparing for your surgery. There are many germs that live on skin. This process helps reduce the chance of an infection after surgery.