|  |  |  |
| --- | --- | --- |
| Daily Mantra  For the Crown Chakra |  | Daily Mantra  For the Third Eye Chakra |
| **“I am one with the divine. I honor the divine within and around me.”** | **“I am in connection with my spirit and I trust my intuition.”** |
|  |  |
|  |  |  |
| Daily Mantra  For the Throat Chakra |  | Daily Mantra  For the Heart Chakra |
| **“I am in alignment with my truth. I speak with clarity and intention.”** | **“I am love, I give love, I am open to love.”** |
|  |  |
|  |  |  |
| Daily Mantra  For the Solar Plexus Chakra |  | Daily Mantra  For the Sacral Chakra |
| **“I am worthy of pursuing my passion and purpose.”** | **“I am the creator of my entire reality.”** |
|  |  |
|  |  |  |
| Daily Mantra  For the Root Chakra |  |  |
| **“I am strong, supported, and abundant.”** |  |
|  |  |