



Radiant Glow, LLC

Spray Tan After Care Instructions:

- Leave solution on for agreed upon time. Ok to sleep in if regular solution. Wear long sleeves and loose pants to bed if possible. Rapids must be rinsed on time!
- Touch tan as little as possible while wearing the solution.
- NO exercise or sweating for first 24 hours.
- First shower will be water only, soap is ok in personal areas. Lukewarm water. No scrubbing, just use hand to buff out bronzer.
- Lotion ok after first rinse.
- Soap shower in 24 hours from spray tan appointment. Favorite over the counter products: Hemptz, Aveeno, Shea Moisture.
- Avoid exfoliating products, loofas, excessive hot water and oil based products for the days of the spray tan.
- Moisture 2x a day if possible, we want to keep skin hydrated so there is no harsh fading.

These steps will add to the beauty and longevity of your spray tan.