

Spray Tan Prep Instructions:

- Make sure you schedule your spray tan after most other beauty routines(manicures, pedicures, massages, etc.) We don't want other chemicals to affect your tan.
- Shave and exfoliate at least 48-24 hours prior to appointment. 2 days of light exfoliation, rather than just one day. If you forget to shave please wait until after your appointment to shave.

- Concentrate on drier areas like elbows, knees, and feet.
- NO shower 8 hours prior to appointment.

• NO lotions, oils, makeup, or deodorant 8 hours prior to appointment. (Deodorant and makeup can be wiped off with wipe 3 hours prior to appointment if you must wear)	a
• NO prior spray tan residue or self tanning residue on skin.	
 Attire: Wear loose fitting clothes. No leggings! No jeans or tennis shoes. 	
• If you currently have a sunburn please let me know. We need allow skin to heal.	to
 If you have a nut allergy, please let me know ahead of time, a some of the solutions do contain nut extracts. 	IS
Excited to see you Glow!	