



## Research • Data • Writing

### About Us

Diligent Research & Consulting is a premier research and consulting service founded in 2020. Research is defined as a quest for information to help solve a problem or answer a question, and Diligent is positioned to help our clients do just that. We strive to partner with visionary and action-oriented leaders to identify best practice, engage stakeholders, solve problems, build strong programs, and give voice to innovative ideas that can transform the delivery and future of healthcare.

### Core Capabilities

Our staff have extensive experience and expertise in three main domains, including:

#### Project Management:

- Research team leadership
- Study design
- Grant writing and administration
- IRB and study protocol preparation
- Strategic and communications planning
- Research project management
- Literature reviews
- Publication process management

#### Data Collection and Analysis:

- Data collection
- Data analysis and interpretation
- Data visualization
- Hospital registry, EMR, and verification reporting
- Survey design, analysis, and interpretation
- Interview and focus group facilitation

#### Writing and Editing:

- Grant writing and reporting
- Internal communications and messaging
- Developmental editing
- Writing original content
- Technical and correlation editing
- Presentation and slide deck preparation

### Company Information

- Iowa Certification for Targeted Small Business
- EIN: 85-2949814
- NAICS: 541715, 541720

Healthcare capability statement – 03.03.2021

### Differentiators

Diligent Research & Consulting promises:

- Efficient, robust, end-to-end research process
- Meticulous attention to detail
- Authentic relationships that maximize the strengths of both the consultant and the client
- Strategic, results-oriented collaboration
- Strong project management skills
- Iterative process of listening to and eliciting the client's best ideas and vision
- Accurate scheduling and commitment to timely completion of projects
- Experience with and understanding of trauma, critical care, and emergency medicine operations in the hospital setting

### Healthcare Experience

- Participation in ACS Level I verification preparation, performance improvement, and multiple site visits
- Trauma research program leadership
- Project management for NIH and PCORI grants
- Publication in top trauma and critical care journals

### Sarah K. Spilman, Owner

- 20+ years research and data experience in a variety of industries, including corporate, state government, nonprofit, higher education, and health care
- Publication in 25+ medical and psychology journals
- Collaboration with more than 75 co-authors
- Mentorship of 25 medical students and residents
- Experience helping big thinkers and visionaries put their thoughts to paper and implement plans
- American Medical Writers Association member