NATURA NEWS

"Balancing Health Naturally"

Homeopathy

remedies have been produced for thousands of years from plants, minerals and salts. They are very safe bio-energetic elements, used to nourish the body's energy and physical systems, giving it balance. Once balance is achieved there is a relief of problems, providing an increase in vital energy (health). Homeopathy has no record of being addictive or toxic.

Naturopathy

is the science of our life force, Nature. It includes everything from our Natural world. I offer consultation for health goals and problems. I work together with each client to balance the body's systems with homeopathy, herbs, plants, flowers, essential oils, organic clinical nutrition, massage therapy, yoga, diet and lifestyle protocols.

Massage Therapy

modalities offered are Swedish, Tui Na, Thai, Deep Tissue, Acupressure, Neuro-muscular, Bio-energetic balancing, Cranial sacral, Essential oils, Stretching, and Therapeutic combinations.

Summer Solstice, Corona

Picture:. 2020 Corona collection of ingredients to help sterilize, treat conditions, and safely travel out in public. Homeopathic remedy kit, herbal antiseptic spray, face mask, and supplement container. Standard kits are great for First aid home remedy needs, and many more conditions. I can help you customize a kit for your needs. ***Corona Virus:*** Homeopathy is having excellent results in treating this condition. Homeopathic remedies are helpful in treating the changing symptoms associated with the corona virus. ***Helpful To Dos:*** Wash your hands and face. Cough or sneeze into your elbow area, or a tissue then place into the trash. Eat an organic diet with a lot of plants. Avoid petrochemical toxins as these poisons compromise the bodies systems, increasing your susceptibility too diseases.

Testimonial: CE 57 yrs. Emotional crying about current events, stomach pain, heart burn. Thanks to Brent I learned things about myself that helped me transcend into a new chapter in my life free from emotional crying, heartburn, and pain in my stomach. I love how he listens and really does treat the whole person.