

# **MAINS COACH PROGRAMME**

# **MCP 2026**

Under the guidance of Anupam Jain and Ankit Singh

## **ALL INDIA GENERAL STUDIES**

## **MAINS TEST SERIES AND**

## **COMPREHENSIVE MENTORSHIP**

## **PROGRAMME 2026**

**Batch 1 - Starts : 1<sup>st</sup> June 2025**

**Batch 2 - Starts : 15<sup>th</sup> June 2025**

# **56 TESTS**

**32 Full Tests | 16 Systematic Assessment Tests | 8 Essays**

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TO JOIN**

## HOW TO ENROLL?

- Students can enroll in the program by paying the fees through the below mentioned options
  - Visit Website and Pay Online - [www.smartworklabs.in](http://www.smartworklabs.in)
  - Net Banking / UPI
  - By Visiting Physical Centre @ ORN, New Delhi via Cheque, DD, Cash Payment
  - By Bank Transfer (NEFT/IMPS) or Cash Deposit in ICICI Bank Account of the Organisation
- Please note that the student must retain and submit the payment proof in case of Cash deposit /NEFT and send it to [info@smartworklabs.in](mailto:info@smartworklabs.in) within 48 hrs of making the payment for your course to be activated.



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## FEES

### **MGP Batch 1 and Batch 2 -**

**Fee Rs 24,999/- inc. GST**

Includes 56 Tests

Unlimited Mentor Support

One to One discussion for every paper

### **MGP+ Batch 1 and Batch 2 -**

**Fee Rs 28,999/- inc. GST**

Includes 56 Tests

Unlimited Mentor Support

One to One discussion for every paper

Year Long Current Affairs for Prelims and Mains Classes

## TERMS AND CONDITIONS

- Students enrolled in any course of Smartwork Labs IAS Academy must get a physical ID card for availing services in the offline mode.
- Your test copies will be evaluated within 7 working days of copy submission.
- Copies must be submitted within three weeks of the test release for timely evaluation. We recommend that you stick to the timetable and write tests on designated days. The commitment of 7 working days evaluation is valid only for copies submitted in this time period.
- This program is non-refundable and non-transferable. There is no difference between the online and offline mode - candidates can come and write the test at Test Centre or remotely and send us scanned copies.
- Each program of Smartwork Labs IAS Academy is linked to a Smartwork Labs IAS Academy Account with a fixed mobile number. No sharing of any programs is allowed. If candidates are found sharing programs, Smartwork Labs IAS Academy shall be free to terminate that or all program access to the candidate without any refund to the candidate.
- Smartwork Labs IAS Academy shall have full rights to close admissions as per its capacity. Smartwork Labs IAS Academy shall be free to amend its schedule in case of any exigencies that may arise.
- All fees once paid are non-refundable in nature. The course is also non-transferable in nature to another person. By subscribing to the course, you agree to the terms and conditions mentioned above.
- The Course is valid till September 2026

# Master the Art of UPSC Mains Answer Writing Join Our Mentor-Guided Test Series Today!

## MAINS COACH PROGRAMME

*Are you preparing for the UPSC Civil Services Examination and struggling with Mains answer writing?*

Whether you're a beginner taking your **first steps** into the world of structured, time-bound writing or an experienced aspirant aiming to **refine your skills** for top scores, our Mentor-Guided UPSC Mains Answer Writing Test Series - **Mains Coach Programme** is designed to meet you exactly where you are.



## Why Answer Writing Matters in UPSC Mains

Cracking the UPSC Mains isn't just about knowledge – it's about how effectively you present that knowledge in 150 to 250 words under time pressure. Your ability to articulate ideas, structure arguments, and provide relevant examples is what ultimately **sets toppers apart from the rest**. Our test series empowers you to develop this critical skill through **guided practice, personalized feedback, and expert mentorship**.



**MAINS COACH PROGRAMME****What Makes Our UPSC Mains Test Series Unique?****Completely Mentor-Guided Approach**

Every test comes with **individualized mentorship from experienced UPSC mentors** who have cleared the exam themselves or have a proven track record of mentoring toppers. Get **one-on-one feedback, improvement plans, and writing strategies tailored** to your current level.

**UPSC-Centric Questions, GS-Wise Coverage**

Our tests are crafted by subject experts, keeping the **latest UPSC trends and PYQs** (Previous Year Questions) in mind. Cover all 4 General Studies papers comprehensively with a mix of:

- **Static and dynamic topics**
- **Interdisciplinary themes**
- **Current affairs integration**

**Flexible Schedule + Time-Bound Practice**

Balance your preparation with a customizable test schedule that respects your **individual pace**, while nudging you towards **consistent, time-bound practice**.

**Structured for All Levels of Aspirants**

**Beginners:** Start with **foundational answer writing** modules that teach you how to **interpret** questions, **structure** your answers (Intro-Body-Conclusion), and **use data, diagrams, and examples** effectively.

**Advanced Aspirants:** Practice **high-quality questions** aligned with UPSC trends, with emphasis on **value addition, presentation, and time management** to extract those extra marks that matter.

**Detailed Model Answers + Evaluation Rubrics**

Each question is accompanied by a completely **updated model answer** and marking rubric, helping you understand what a **top-scoring answer** looks like and how to **bridge the gap** between your current writing and UPSC expectations.

**Thorough coverage of PYQs**

Our quintessential **PYQ workbooks** with topic wise **segregated last 5 years** UPSC questions for all 4 GS papers comes complimentary with our test series to help you practice **400 extra questions** along with the scheduled tests.

## MAINS COACH PROGRAMME

### What Makes Our UPSC Mains Test Series Unique?

**Mains Coach Programme** goes beyond conventional practice papers. Every participant receives **personalized mentorship**, **detailed feedback**, and strategic **guidance tailored** to their current preparation level. Whether you're just starting or looking to improve your rank, this program ensures:

- **Progressive learning**, starting from basic to advanced answer structures
- **Individual feedback** and one-on-one mentorship sessions
- **Model answers** and discussion videos for conceptual clarity
- Emphasis on **presentation**, **time management**, and **UPSC trends**
- Integration of **value addition tools** like flowcharts, diagrams, and quotes

**Our goal is simple:** to empower aspirants with the skills and confidence to write impactful, high-quality answers under exam conditions. With consistent practice and expert guidance, you'll transform answer writing from a challenge into your strongest asset in the UPSC journey.



## MAINS COACH PROGRAMME

### Who Should Join This Test Series?

This mentor-guided answer writing program is designed to cater to a wide range of UPSC aspirants, regardless of where they currently stand in their preparation. You should consider joining if:

#### Beginners / First-Time Aspirants

- You are just starting your UPSC journey and want to build a strong foundation in answer writing.
- You struggle with structuring answers, understanding demand of the question, or writing within time limits.
- You're unsure how to begin practicing or lack personalized feedback to guide improvement.

#### Repeat Aspirants / Intermediate Level

- You have written Mains before but want to improve your marks through better content presentation and consistency.
- You're aware of the syllabus and basic concepts but seek regular practice and expert mentorship to avoid repeating past mistakes.
- You want to develop value-added elements like diagrams, flowcharts, and examples to enhance answer quality.

#### Advanced Aspirants / Rank Improvement

- You have already scored a rank or have cleared mains but didn't make it to the final list.
- You need a structured platform to simulate the real exam environment, fine-tune writing speed, and receive critical, mentor-driven feedback.
- You're aiming for a top rank and want to maximize your score in GS and Essay through targeted improvement.

Module	Start Date	No of Tests	Program Structure	Fees
MCP	1st June 25	56	16 Systematic Assessment Tests, 32 Full Tests, 8 Essays	24,999/-
MCP +	1 <sup>st</sup> June 25	56	16 Systematic Assessment Tests, 32 Full Tests, 8 Essays Year Long Current Affairs Classes	28,999/-

## **MAINS COACH PROGRAMME**

### **The Result speaks for itself**

26 out of 49 selected students in 2024; 21 out of 25 selected students in 2023 and 24 out of our 28 selected students in 2022 were part of the Mains Coach Programme, either directly or through The Coach Programme.

Our Students scored one of the highest marks in GS papers

- Aakash Gupta - AIR 431 (2024) - **scored 438**
- Pankaj Patle - AIR 329 (2024) - **scored 419**
- Kritika Nograia - AIR 400 (2024) - **scored 403**
- Manisha Jhangu - AIR 266 (2023) - **scored 440**
- Shivansh Rathee - AIR 63 (2023) - **scored 426**
- Arnav Bhandari - AIR 232 (2023) - **scored 402**
- Ankit Nain - AIR 99 (2022) - **scored 436**
- Capril Arora - AIR 397 (2022) - **scored 425**
- Preeti Kumari - AIR 130 (2022) - **scored 413**
- Diksha Joshi - AIR 19 (2021) - **scored 432**
- Twinkle Jain - AIR 138 (2021) - **scored 428**
- Prashank Mishra - 2024 - **scored 421**
- Jatin Jain - AIR 91 (2022) - **scored 403**
- Shivang Rastogi - AIR 307 (2022) - **scored 409**
- Samiksha Jain - AIR 186 (2021) - **scored 405** and more...

I'm incredibly indebted to the Smartwork Labs IAS Academy for my success, especially their Answer Writing Guidance. The quality of questions asked, model answers and evaluation quality is top-notch. Questions asked therein have actually been replicated in UPSC Mains paper. I hope that others get guided in the same manner. All the best.

**Manisha Jhangu**  
IAS Rank - 266, CSE 2023

I have been under guidance of Anupam Sir throughout my preparation. Sir has been extremely generous with his time and helped me rectify even the slightest of mistake. He made sure nothing was ignored and helped me maintain high standards that this exam demands. I cannot thank him enough for all the support and guidance he has provided.

**Diksha Joshi**  
IAS Rank - 19, CSE 2021

18-Jun			
S. No	Date	Test	Syllabus
1	4th June Wednesday	Systematic Assessment Test 1 (10 Questions, 1.5 Hours)	GS II Constitution & Polity – I Indian Constitution - historical underpinnings, evolution, features, amendments, significant provisions and basic structure.  Functions and responsibilities of the Union and the States, issues and challenges pertaining to the federal structure, devolutions of powers and finances up to local levels and challenges therein.  Separation of powers between various organs, dispute redressal mechanism and institutions.  Comparison of the Indian constitutional scheme with that of other countries.
2	8th June Sunday	Test 1 (20 Questions, 3 Hours)	
3	18th June Wednesday	Systematic Assessment Test 2 (10 Questions, 1.5 Hours)	GS II Constitution & Polity – II Parliament and State legislatures - structure, functioning, conduct of business, powers & privileges and issues arising out of these.  Structure, organization and functioning of the Executive and the judiciary - Ministries and Departments of the Government; pressure groups and formal/informal associations and their role in the Polity  Salient features of the Representation of People's Act.  Appointment to various Constitutional posts, powers, functions and responsibilities of various Constitutional Bodies.  Statutory, regulatory and various quasi- judicial bodies.
4	22nd June Sunday	Test 2 (20 Questions, 3 Hours)	
5	2nd July Wednesday	Systematic Assessment Test 3 (10 Questions, 1.5 Hours)	GS II Governance Development processes and the development industry - the role of NGOs, SHGs, various groups and associations, donors, charities, institutional and other stakeholders.  Important aspects of governance, transparency and accountability, e-governance applications, models, successes, limitations, and potential; citizen's charters, transparency & accountability and institutional and other measures.  Role of civil services in a democracy
6	6th July Sunday	Test 3 (20 Questions, 3 Hours)	
7	16th July	Systematic	GS II

	Wednesday	Assessment Test 4 (10 Questions, 1.5 Hours)	Social Justice Government policies and interventions for development in various sectors and issues arising out of their design and implementation.
8	20th July Sunday	Test 4 (20 Questions, 3 Hours)	Welfare schemes for vulnerable sections of the population by the Centre and States and the performance of these schemes; mechanisms, laws, institutions and bodies constituted for the protection and betterment of these vulnerable sections.  Issues relating to development and management of Social Sector/Services relating to Health, Education, Human Resources  Issues relating to poverty and hunger
9	30th July Wednesday	Systematic Assessment Test 5 (10 Questions, 1.5 Hours)	GS II International Relations India and its neighbourhood - relations
10	3rd August Sunday	Test 5 (20 Questions, 3 Hours)	Bilateral, regional and global groupings and agreements involving India and/or affecting India's interests  Effect of policies and politics of developed and developing countries on India's interests, Indian diaspora Important international institutions, agencies and for a - their structure, mandate
11	10 <sup>th</sup> August Sunday	GS II - FLT 1 (20 Questions, 3 Hours)	<b>Complete GS II Syllabus</b>
12	20th August Wednesday	Systematic Assessment Test 6 (10 Questions, 1.5 Hours)	GS III Economy & Agriculture – I Indian Economy and issues relating to planning, mobilization of resources, growth, development and employment.
13	24th August Sunday	Test 6 (20 Questions, 3 Hours)	Inclusive growth and issues arising from it. Government Budgeting  Major crops - cropping patterns in various parts of the country, - different types of irrigation and irrigation systems storage, transport and marketing of agricultural produce and issues and related constraints; e-technology in the aid of farmers.  Issues related to direct and indirect farm subsidies and minimum support prices; Public Distribution System- objectives, functioning, limitations, revamping; issues of buffer stocks and food security; Technology missions; economics of animal-rearing.  Food processing and related industries in India- scope' and significance, location, upstream and downstream requirements, supply chain management.
14	3rd	Systematic	GS III

	September Wednesday	Assessment Test 7 (10 Questions, 1.5 Hours)	Economy & Agriculture – II Land reforms in India
15	7th September Sunday	Test 7 (20 Questions, 3 Hours)	<p>Effects of liberalization on the economy, changes in industrial policy and their effects on industrial growth</p> <p>Infrastructure: Energy, Ports, Roads, Airports, Railways etc.</p> <p>Investment models</p> <p>Major crops - cropping patterns in various parts of the country, - different types of irrigation and irrigation systems storage, transport and marketing of agricultural produce and issues and related constraints; e-technology in the aid of farmers.</p> <p>Issues related to direct and indirect farm subsidies and minimum support prices; Public Distribution System- objectives, functioning, limitations, revamping; issues of buffer stocks and food security; Technology missions; economics of animal-rearing.</p> <p>Food processing and related industries in India- scope' and significance, location, upstream and downstream requirements, supply chain management.</p>
16	17th September Wednesday	Systematic Assessment Test 8 (10 Questions, 1.5 Hours)	<p>GS III</p> <p>Science and Tech, Environment and Disaster Management</p> <p>Science and Technology- developments and their applications and effects in everyday life</p>
17	21st September Sunday	Test 8 (20 Questions, 3 Hours)	<p>Achievements of Indians in science &amp; technology; indigenization of technology and developing new technology.</p> <p>Awareness in the fields of IT, Space, Computers, robotics, Nanotechnology, biotechnology and issues relating to intellectual property rights.</p> <p>Conservation, environmental pollution and degradation, environmental impact assessment</p> <p>Disaster and disaster management</p>
18	1st Oct Wednesday	Systematic Assessment Test 9 (10 Questions, 1.5 Hours)	<p>GS III</p> <p>Internal Security</p> <p>Linkages between development and spread of extremism Role of external state and non-state actors in creating challenges to internal security</p>
19	5th Oct Sunday	Test 9 (20 Questions, 3 Hours)	<p>Challenges to internal security through communication networks, role of media and social networking sites in internal security challenges, basics of cyber security; money-laundering and its prevention</p> <p>Security challenges and their management in border areas –</p>

			<p>linkages of organized crime with terrorism</p> <p>Various Security forces and agencies and their mandate</p>
20	12th Oct Sunday	GS III - FLT 1 (20 Questions, 3 Hours)	<b>Complete GS III Syllabus</b>
21	22nd Oct Wednesday	Systematic Assessment Test 10 (10 Questions, 1.5 Hours)	GS IV Ethics and Human Interface: Essence, determinants and consequences of Ethics inhuman actions; dimensions of ethics; ethics – in private and public relationships.
22	26th Oct Sunday	Test 10 (20 Questions, 3 Hours)	<p>Human Values – lessons from the lives and teachings of great leaders, reformers and administrators; role of family society and educational institutions in inculcating values.</p> <p>Contributions of moral thinkers and philosophers from India and world.</p> <p>Attitude: content, structure, function; its influence and relation with thought and behaviour; moral and political attitudes; social influence and persuasion.</p> <p>Case Studies on the above issues</p>
23	5th Nov Wednesday	Systematic Assessment Test 11 (10 Questions, 1.5 Hours)	GS IV Emotional intelligence-concepts, and their utilities and application in administration and governance.
24	9th Nov Sunday	Test 11 (20 Questions, 3 Hours)	<p>Aptitude and foundational values for Civil Service, integrity, impartiality and nonpartisanship, objectivity, dedication to public service, empathy, tolerance and compassion towards the weaker-sections.</p> <p>Case Studies on the above issues</p>
25	19th Nov Wednesday	Systematic Assessment Test 12 (10 Questions, 1.5 Hours)	GS IV Public/Civil service values and Ethics in Public administration: Status and problems; ethical concerns and dilemmas in government and private institutions; laws, rules, regulations and conscience as sources of ethical guidance; accountability and ethical governance; strengthening of ethical and moral values in governance; ethical issues in international relations and funding; corporate governance.
26	23rd Nov Sunday	Test 12 (20 Questions, 3 Hours)	<p>Probity in Governance: Concept of public service; Philosophical basis of governance and probity; Information sharing and transparency in government, Right to Information, Codes of Ethics, Codes of Conduct, Citizen's Charters, Work culture, Quality of service delivery, Utilization of public funds, challenges of corruption.</p> <p>Case Studies on the above issues</p>
27	30th Nov Sunday	GS IV - FLT 1 (20 Questions, 3 Hours)	<b>Complete GS IV Syllabus</b>
28	10th Dec	Systematic	GS I

	Wednesday	Assessment Test 13 (10 Questions, 1.5 Hours)	Society Salient features of Indian Society, Diversity of India. Role of women and women's organization, population and associated issues, poverty and developmental issues, urbanization, their problems and their remedies. Effects of globalization on Indian society. Social empowerment, communalism, regionalism & secularism.
29	14th Dec Sunday	Test 13 (20 Questions, 3 Hours)	
30	24th Dec Wednesday	Systematic Assessment Test 14 (10 Questions, 1.5 Hours)	GS I Geography Salient features of world's physical geography.  Distribution of key natural resources across the world (including South Asia and the Indian sub continent); factors responsible for the location of primary, secondary, and tertiary sector industries in various parts of the world (including India).
31	28th Dec Sunday	Test 14 (20 Questions, 3 Hours)	Important Geophysical phenomena such as earthquakes, Tsunami, Volcanic activity, cyclone etc., geographical features and their location-changes in critical geographical features (including water-bodies and ice-caps) and in flora and fauna and the effects of such changes.
32	7th Jan Wednesday	Systematic Assessment Test 15 (10 Questions, 1.5 Hours)	GS I Modern History & Art and Culture Modern Indian history from about the middle of the eighteenth century until the present- significant events, personalities, issues. The Freedom Struggle — its various stages and important contributors/contributions from different parts of the country.
33	11th Jan Sunday	Test 15 (20 Questions, 3 Hours)	Indian culture will cover the salient aspects of Art Forms, literature and Architecture from ancient to modern times.
34	21st Jan Wednesday	Systematic Assessment Test 16 (10 Questions, 1.5 Hours)	GS I World History & Post Independence Post-independence consolidation and reorganization within the country.
35	25th Jan Sunday	Test 16 (20 Questions, 3 Hours)	History of the world will include events from 18th century such as industrial revolution, world wars, redrawal of national boundaries, colonization, decolonization, political philosophies like communism, capitalism, socialism etc.— their forms and effect on the society.
36	1st Feb Sunday	GS I - FLT 1 (20 Questions, 3 Hours)	Complete GS I Syllabus
37	8th March Sunday	GS I - FLT 2 (20 Questions, 3 Hours)	Complete GS I Syllabus
38	15th March Sunday	GS II - FLT 2 (20 Questions, 3 Hours)	Complete GS II Syllabus
39	22nd March	GS III - FLT 2 (20	Complete GS III Syllabus

	<b>Sunday</b>	<b>Questions, 3 Hours)</b>	
<b>40</b>	<b>29th March Sunday</b>	<b>GS IV - FLT 2 (20 Questions, 3 Hours)</b>	<b>Complete GS IV Syllabus</b>
<b>41</b>	<b>14th June Sunday</b>	<b>GS I - FLT 3 (20 Questions, 3 Hours)</b>	<b>Complete GS I Syllabus</b>
<b>42</b>	<b>28th June Sunday</b>	<b>GS II - FLT 3 (20 Questions, 3 Hours)</b>	<b>Complete GS II Syllabus</b>
<b>43</b>	<b>5th July Sunday</b>	<b>GS III - FLT 3 (20 Questions, 3 Hours)</b>	<b>Complete GS III Syllabus</b>
<b>44</b>	<b>12th July Sunday</b>	<b>GS IV - FLT 3 (20 Questions, 3 Hours)</b>	<b>Complete GS IV Syllabus</b>
<b>45</b>	<b>19th July Sunday</b>	<b>GS I - FLT 4 (20 Questions, 3 Hours)</b>	<b>Complete GS I Syllabus</b>
<b>46</b>	<b>26th July Sunday</b>	<b>GS II - FLT 4 (20 Questions, 3 Hours)</b>	<b>Complete GS II Syllabus</b>
<b>47</b>	<b>2nd August Sunday</b>	<b>GS III - FLT 4 (20 Questions, 3 Hours)</b>	<b>Complete GS III Syllabus</b>
<b>48</b>	<b>9th August Sunday</b>	<b>GS IV - FLT 4 (20 Questions, 3 Hours)</b>	<b>Complete GS IV Syllabus</b>

	<b>Date</b>	<b>Test</b>
49	20th August Wednesday	Essay 1
50	20th September Saturday	Essay 2
51	20th October Monday	Essay 3
52	20th November Thursday	Essay 4
53	20th December Saturday	Essay 5
54	TBA	Essay 6
55	TBA	Essay 7
56	TBA	Essay 8