

HOW TO PREPARE FOR A



BRAZILIAN WAXING

- SHOWER BEFORE YOUR APPOINTMENT
- AVOID SUN EXPOSURE AND SKIN-EXFOLIATING PRODUCTS BEFORE YOUR APPOINTMENT.
- DO NOT INTEND TO GET WAXED IF YOU ARE ON SKIN MEDICATION.
- DRINK A LOT OF WATER
- EXFOLIATE 24 HOURS BEFORE THE APPOINTMENT
- WEAR COMFY CLOTHES IN NATURAL FABRICS TO AVOID CHAFING AND IRRITATION.
- TAKE A DEEP BREATH BEFORE EACH PULL AND TRY TO KEEP YOUR MUSCLES RELAXED



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