

Perfect Balance of Body and Mind

Body and Mind (BaM) started with growing award-winning medical cannabis strains, innovative oils, edibles, and extracts. Some cannabis strains have just the right body effects, while others have just the right mind effects. We crossbreed these plants to develop medical cannabis strains that you give you the perfect balance of body and mind.

This is why our cannabis strains have won so many awards – including High Times Top Ten, NorCal Secret Cup, and the Emerald Cup. But that's only part of the story. Above all, the love and care we put into our cannabis products are just as important.



Body and Mind
203 N. Ok St. | West Memphis, AR 72301
Phone: (870) 514-3711
Email: WMContact@BamCannabis.com

Hours of Operation

10:00 am - 8:00 pm DAILY

WMContact@BamCannabis.com



Marijuana is for use by qualified patients only. Keep out of reach of children. Marijuana use during pregnancy or breastfeeding poses potential harms. Marijuana is not approved by the FDA to treat, cure, or prevent any disease. Do not operate a vehicle or machinery under the influence of marijuana.



The West Memphis Dispensary

www.BamCannabis.com

Providing expert advice in a supportive
and welcoming environment in West
Memphis, Arkansas.

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CONDITIONS THAT QUALIFY

The State of Arkansas requires potential patients to have at least one of the following ailments to be considered for a medical marijuana recommendation:

- Cancer
- Glaucoma
- Positive status for human immunodeficiency virus/ acquired immune deficiency syndrome
- Hepatitis C
- Amyotrophic lateral sclerosis
- Tourette's syndrome
- Crohn's disease
- Ulcerative colitis
- Post-traumatic stress disorder
- Severe arthritis
- Fibromyalgia
- Alzheimer's disease
- Cachexia or wasting syndrome
- Peripheral neuropathy
- Intractable pain which is pain that has not responded to ordinary medications, treatment or surgical measures for more than six (6) months
- Severe nausea
- Seizures including without limitation those characteristic of epilepsy
- Severe and persistent muscle spasms including without limitation those characteristic of multiple sclerosis and any other medical condition or its treatment approved by the Department of Health.

CATEGORIES OF CANNABIS

Indicas

- Tend to produce relaxation
- Primary effects are on the body
- Generally used at night-time

Sativas

- Noted for their stimulating effects
- Alleviate mood and increases focus and appetite
- Often preferred for day-time use

Hybrids

- Display effects of both sativas and indicas
- Depending on the effects, hybrids can be described as sativa-dominant or indica-dominant

CANNABINOIDS

Cannabinoids are the chemical compounds found in cannabis that provide a variety of therapeutic effects by interacting with receptors throughout the body.

THC (tetrahydrocannabinol) - Strong anti-inflammatory pain killer, bronchodilator, muscle relaxant, and neuroprotectant, amongst other qualities.

CBD (cannabidiol) - Reduces anxiousness and nausea, is anti-convulsion, anti-inflammatory, and neuroprotectant, amongst other qualities.



MEDICAL CANNABIS PRODUCTS



Flower

- Commonly referred to as "bud"
- Can be vaporized or used to make edibles



Concentrates

- Made by extraction methods that create products with higher concentrations of cannabinoids
- Offer patients higher potency in smaller dosages
- Include wax, shatter, and vaporized cartridges



Tinctures/Oil Syringes

- Tinctures are very discreet and commonly come in a glass bottle with an eye dropper
- Cannabis oils are commonly available in oil syringes and are very potent
- Both provide very precise dosing



Cannabis Capsules

- Cannabis capsules are swallowed the same as a medicine pill
- Will have long and strong effects because it is passed through the liver



Lotions/Transdermal Patches

- Lotions are applied directly to the area of skin in pain
- Transdermal patches pass through all layers of the skin and can be applied to the area of skin in pain, but are most effective near the area with the best blood flow and thinnest skin