

Unity Direct-Hire Application

Application Instructions

Unity is a grassroots organization built on Selfless Service. We do not look for traditional resumes. We look for alignment with our culture and core values.

Please review our Core Values before applying:

- Driven to Serve (Selfless Service)
- Lead with Integrity (Teach from experience)
- Committed to Growth (Always learning)
- Respectful and Approachable (Active listening)
- Dependable and Consistent (Show up on time, every time)

Note: Direct-Hire placement is strictly reserved for experienced Yoga Instructors and Weightlifting Coaches with a verified track record in the field.

Part 1: Personal Information

- Full Name: _____
- Phone Number: _____
- Email Address: _____

Which discipline are you applying for?

- ☐ Weightlifting - Unity Human Performance
- ☐ Yoga/Meditation - The Unity Yoga Co-op

Part 2: Core Values & Experienced Track Record

Please answer the following questions in 2–4 sentences.

1. Selfless Service is our primary foundation. Why do you want to offer your time and energy to the Marquette community through Unity without a traditional transactional employment contract?

2. We teach what we know from experience. Please outline your professional history as an experienced instructor/coach. How has this practice changed your own life?

3. Unity operates on a donation split percentage model. Direct-hires launch straight into leading classes by accepting community donations, splitting a percentage with the facility to cover overhead. What does financial freedom and community-supported wellness mean to you?
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4. We protect the quality of our community by teaching unified systems (The Unity Barbell Method / Unity Hatha Formula). If you have a pre-existing coaching or teaching style, are you open to adapting it to align with Unity's core frameworks?

☐ Yes

☐ No

Part 3: Capacity & Consistency

Our fifth core value is Dependable and Consistent. We need to know what you can sustainably commit to right now.

1. Are you able to commit to a structured evaluation pipeline (including teaching 1–3 months of monitored sample classes to judge instructional style, technical cueing, and floor presence)?

☐ Yes

☐ No

2. What does your ideal weekly schedule look like for running classes and attending team reviews? Please describe your general availability throughout the week, including any specific days or time blocks that work best for you.

Part 4: The Unity Commitment

By signing below, you agree that you are entering this pipeline as an experienced candidate to deliver exceptional classes and help keep professional health and movement accessible to all residents in the Marquette area.

Signature: _____ Date: _____