

# Sexual Betrayal Resources

## Healing the marriage and accountability

1. *Women of Grace and Truth, Healing from Your Husband's Sexual Struggles*, Patrick Holley
2. *Helping Your Spouse Heal from Your Affair*, Linda McDonald
3. YouTube Channel entitled "Affair Recovery."
4. YouTube Channel entitled "The Betrayed, The Addicted, and The Expert"
5. *From Ashes to Beauty*, Jeff Colon
6. *Boundaries in Marriage*, Cloud and Townsend

## The wife's healing

1. *Shattered Vows*, Debra Laaser
2. *Forgiving What You Can't Forget*, Lysa Terkeurst
3. *The Healing Choice*, Brenda Stoeker/Susan Allen

## Building emotional intimacy

I strongly recommend men use these resources to lead the marriage to grow in emotional intimacy if and when the wife is ready.

1. *Men, Women and Worthiness*, Brene' Brown
2. *The Gifts of Imperfection*, Brene' Brown
3. *Daring Greatly*, Brene' Brown
4. *Rising Strong*, Brene' Brown
5. Brene' Brown's Podcast – [Brenebrown.com](http://Brenebrown.com)
6. *Winning your Wife Back Before It's Too Late*, Gary Smalley (for husband)