



Minimum order of 8 people per selected menu item

Breakfast Selections:

- Premium Continental Breakfast Package \$6.50 pp
 - o Assorted Danish, mini muffins, & pastries served with fruit salad
- Premium Fit Breakfast Package \$8.50 pp
 - o Greek yogurt, oatmeal, granola, cinnamon, slivered almonds, berries, & fruit salad
- The Works Breakfast Package \$9.50 pp
 - o Scrambled eggs, bacon, sausage links, breakfast potatoes, and assorted mini muffins
- Nova Breakfast Package \$11.50 pp
 - o Smoked salmon, cream cheese, assorted bagels, capers, tomato, red onion, and assorted mini muffins
- French Toast Breakfast Package \$12.50 pp
 - o Homestyle French toast, served with butter, maple syrup, fresh berry topping, scrambled eggs, bacon, sausage links, & fruit salad
- Mini Quiche Breakfast Package \$10.50 pp
 - o Spinach & tomato mini quiche, breakfast potatoes, bacon, sausage links, & fruit salad

Breakfast Add-On Selections:

- French Toast (condiments included) \$2.75 pp
- Pancakes (condiments included) \$2.25 pp
- Croissants (condiments included) \$2.00 pp
- Scrambled Eggs \$2.50 pp
- Bacon \$3.00 pp
- Sausage Links \$2.75 pp
- Breakfast Potatoes \$2.25 pp
- Assorted Danishes \$2.50 pp
- Assorted Bagels (condiments included) \$3.00 pp
- Assorted Muffins (condiments included) \$2.50 pp
- Greek Yogurt, Berries, & Granola \$3.25 pp
- Tropical Fruit Salad \$1.75 pp
- Fruit & Berry Salad \$2.25 pp

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Hors D'Oeuvres Selections:

- Snack Package \$5.00 pp
 - Assorted chips, nuts, & cookies
- Artisan Cheese & Fruit Platter \$5.00 pp
- Charcuterie Platter \$7.50 pp
- Marinara Meatballs \$3.00 pp (approx. 4-5 pieces per person)
- Chicken Wings \$5.00 pp (approx. 4-5 pieces per person)
 - Choice of buffalo sauce, barbeque sauce, lemon pepper, jerk, or plain. Served with choice of blue cheese or ranch.
- Coconut Shrimp \$4.00 pp (approx. 2-3 pieces per person)
 - Served with sweet chili sauce
- Chicken & Vegetable Potstickers \$3.00 pp (approx. 2-3 pieces per person)
- Hand-Rolled Pigs in a Blanket \$3.00 pp (approx. 3-4 pieces per person)
- Tomato & Mozzarella Skewers \$2.50 pp (approx. 2-3 pieces per person)
- Spinach & Cheese Stuffed Mushrooms \$2.75 pp (approx. 2-3 pieces per person)

Hot Entrée Packages:

- **Fajita Package** \$13.00 pp
 - Chicken & steak with peppers & onions, served with warm tortillas, sour cream, salsa, guacamole, & cheddar cheese. Includes white rice & black beans, house salad, assorted cookies.
- **Italian Package** \$18.00 pp
 - Roma Chicken, marinara meatballs, penne alla vodka, Caesar salad, garlic broccoli, & assorted cookies.
- **'Let's Eat Right' Package** \$19.00 pp
 - Mediterranean grilled chicken breast, blackened mahi mahi filet, quinoa & kale salad, sautéed spinach & garlic, & rice pilaf.
- **Barbeque Package** \$19.00 pp
 - BBQ ribs, BBQ chicken, house salad, potato salad, roasted seasonal vegetables, bread rolls, & fruit salad.
- **'Some of our Favorites' Package** \$19.50 pp
 - Chicken cacciatore, braised beef in demi-glace, Caesar salad, creamy red bliss mashed potatoes, grilled asparagus, & apple cobbler.

Hot Entrée Selections:

Chicken:

- Mediterranean Rosemary & Sundried Tomato Grilled Chicken Breast \$5.00 pp
 - 6 oz grilled chicken breast marinated in rosemary, sundried tomato, and olive oil

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- Chicken Parmesan \$5.50 pp
 - o Breaded chicken breast topped with a tangy marinara sauce and parmesan cheese
- Chicken Francese \$5.50 pp
 - o Lightly-battered chicken breast sautéed with a parsley, lemon, & white wine sauce
- Chicken Piccata \$5.50 pp
 - o Golden pan-fried chicken breast in a lemon-butter & caper sauce
- Chicken Marsala \$5.50 pp
 - o Seared chicken breast in a savory marsala wine & mushroom sauce
- Chicken Cacciatore \$5.50 pp
 - o Seared chicken breast in a tomato sauce with onions, peppers, & herbs
- Roma Chicken \$5.50 pp
 - o Pan seared chicken breast with artichoke hearts, capers, and sundried tomatoes
- BBQ Chicken \$5.50 pp
 - o Oven-baked, bone-in chicken coated with a sweet and tangy BBQ sauce
- Jerk Chicken \$5.50 pp
 - o Oven-baked, bone-in chicken with traditional Caribbean jerk seasoning

Beef:

- Ropa Vieja \$5.00 pp
 - o Slow braised brisket in a tangy marinara sauce with peppers, onions, and a variety of herbs and spices
- Mongolian Beef \$6.00 pp
 - o Sliced beef stir-fried in a savory, brown, Asian-Style sauce
- Chimichurri Steak \$6.00 pp
 - o Marinated Grilled Steak with an olive oil, garlic, & fresh herb sauce
- Braised Beef in Demi-Glace \$5.50 pp
 - o Slow braised brisket in a savory demi-glace
- Shepard's Pie \$5.50 pp
 - o Ground brisket in gravy with peas and carrots & topped with creamy mashed potatoes

Pork:

- BBQ Ribs \$5.50 pp
 - o Slow-cooked ribs rubbed with a variety of spices and coated with a sweet and tangy BBQ sauce
- Mojo Pork \$5.00 pp
 - o Slow-roasted pork in a citrus, garlic, & herb sauce

Seafood:

- Asian Glazed Salmon \$6.50 pp
 - o Seared filet of salmon glazed in our house made Asian sauce
- Blackened Mahi Mahi \$7.00 pp

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- Pan Seared Mahi Mahi filet with blackened seasoning served with pineapple & mango chutney

Vegetarian:

- Eggplant Parmesan \$4.50 pp
 - Breaded eggplant slices topped with a tangy marinara sauce and parmesan cheese
- Vegetable Fried Rice \$3.50 pp
 - Asian stir-fried rice w/ fresh vegetables, bamboo shoots, & fried egg
 - Add chicken +\$2.00 pp
 - Add steak +\$2.50 pp
 - Add shrimp +\$3.00 pp

Pasta:

- Vegetable Lasagna \$5.00 pp
 - Seasonal vegetables layered with fresh pasta, tangy marinara sauce, mozzarella, and parmesan cheese
- Beef Lasagna \$5.50 pp
 - Layered fresh pasta, ground brisket, tangy marinara sauce, mozzarella, and parmesan cheese
- Spaghetti & Meatballs \$4.50 pp
 - Spaghetti in our tangy marinara sauce served with ground brisket meatballs on the side
- Penne alla Vodka \$4.00 pp
 - Penne in a creamy pink vodka sauce
 - Add Chicken +\$2.00 pp
 - Add Shrimp +\$3.00 pp
- Tortellini Alfredo \$4.00 pp
 - Add Chicken +\$2.00 pp
 - Add Shrimp +\$3.00 pp
- Basil Pesto Tortellini \$4.00 pp
 - Add Chicken +\$2.00 pp
 - Add Shrimp +\$3.00 pp
- Pasta Primavera \$4.00 pp
 - Pasta with fresh summer squash & zucchini squash in an olive oil, garlic, & Italian herb sauce
 - Add Chicken +\$2.00 pp
 - Add Shrimp +\$3.00 pp

Build-Your-Own Station Selections:

- Build-Your-Own Gryo \$5.50 pp
 - Gyro meat served with pocket pitas, shredded lettuce, diced tomatoes, cucumbers, and tzatziki sauce

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- Build-Your-Own Fajita \$7.50 pp
 - o Chicken and steak served with warm tortillas, peppers, onions, shredded cheddar cheese, sour cream, pico de gallo, and guacamole
- Build-Your-Own Taco
 - o served with shredded cheddar cheese, diced tomato, shredded lettuce, sour cream, and hot sauce
 - Choice of protein
 - Seasoned Ground Brisket \$5.00 pp
 - Seasoned Chicken \$5.50 pp
 - Seasoned Steak \$6.00 pp
 - Seasoned Mahi Mahi \$6.50 pp
- Build-Your-Own Slider
 - o Served with shredded cheddar cheese, sautéed onion, pickles, diced tomato, ketchup, mustard, and mayo
 - Brisket Sliders \$5.00 pp
 - Turkey Sliders \$6.00 pp

Sandwich and Wrap Selections:

- Club Sandwich \$5.00 pp
 - o Turkey, bacon, lettuce, & tomato on multigrain bread. Mustard & mayo served on the side
- Tuna Salad Sandwich \$5.00 pp
 - o Albacore tuna, celery, & mayonnaise served on multigrain bread
- Chicken Salad Sandwich \$5.00 pp
 - o Chopped chicken breast, celery, & mayonnaise served on multigrain bread
- Turkey Wrap \$4.50 pp
 - o Turkey, swiss cheese, lettuce, & tomato in a spinach wrap. Mustard & mayo served on the side
- Italian Wrap \$5.00 pp
 - o Pepperoni, genoa salami, swiss cheese, lettuce, & tomato in a tomato wrap. Mustard & mayo served on the side
- Roasted Vegetable Wrap \$4.50 pp
 - o Roasted and marinated seasonal vegetables served in a spinach wrap.
- Chicken Caesar Wrap \$5.00 pp
 - o Grilled chicken breast, crisp romaine lettuce, & Caesar dressing in a spinach wrap
- Buffalo Chicken Wrap \$5.00 pp
 - o Fried chicken in a spicy buffalo sauce & crisp romaine lettuce in a tomato wrap
- Grilled Chicken & Avocado Sandwich \$6.00 pp
 - o Grilled chicken breast with lettuce, tomato, & avocado. Mustard & mayo served on the side

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Salad Selections:

- Caesar Salad \$2.50 pp
 - o Crisp romaine lettuce, parmesan cheese, croutons, and Caesar dressing
- House Salad \$2.50 pp
 - o Crisp romaine lettuce, cherry tomato, cucumber, dried cranberries, and balsamic vinaigrette
- Cobb Salad \$4.25 pp
 - o Crisp romaine lettuce with cherry tomatoes, cucumber, hard-boiled egg, shredded cheddar cheese, crumbled blue cheese, chopped bacon, chopped chicken breast, and blue cheese dressing
- Tomato & Mozzarella Salad \$3.50 pp
 - o Cherry tomato and mozzarella mixed with basil pesto
- Quinoa & Kale Salad \$4.00 pp
 - o Tri-colored quinoa, roasted seasonal vegetables, fresh kale, and white balsamic vinaigrette
- Antipasto Salad \$4.25 pp
 - o Fresh greens with genoa salami, pepperoni, banana peppers, roasted red peppers, cheese, cherry tomatoes, & white balsamic vinaigrette
- Spinach Salad \$3.25 pp
 - o Fresh spinach, julienne red onion, cherry tomato, sliced strawberry, & pecans with strawberry vinaigrette

Side Selections:

- Roasted Seasonal Vegetables \$2.25 pp
 - o Selection of fresh seasonal vegetables
- Potato Salad \$2.00 pp
 - o Red bliss potatoes, onion, & mayonnaise
- Pasta Salad \$2.00 pp
 - o Pasta, celery, bell pepper, red onion, and Italian dressing
- Sweet Plantains \$2.00 pp
- Rice Pilaf \$1.50 pp
- Yellow Rice \$1.75 pp
- Red Bliss Mashed Potatoes \$2.00 pp
- Herb Roasted Potatoes \$2.00 pp
- Hummus & Pita \$2.50 pp
- Cucumber Salad \$1.75 pp
 - o Cucumber, red onion, & sweet white wine marinade
- French Fries \$1.75 pp
- Sautéed Broccoli & Garlic \$2.50 pp
- Fresh Spinach & Garlic \$2.75 pp
- Creamed Spinach \$2.75 pp

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- Grilled Asparagus \$2.75 pp
- White Rice & Black Beans \$2.50 pp

Beverage Selections: (8oz pp)

- Regular Coffee \$1.25 pp
- Decaf Coffee \$1.25 pp
- Bottled Water \$1.00 pp
- Orange Juice \$1.50 pp
- Coca-Cola \$1.00 pp
- Diet Coca Cola \$1.00 pp
- Sprite \$1.00 pp
- Sweet Iced Tea \$1.25 pp
- Perrier \$1.50 pp

Dessert Selections:

- Apple Cobbler \$2.25 pp
- Blueberry Cobbler \$2.25 pp
- Strawberry Shortcake \$2.50 pp
- Tropical Fruit Salad \$1.75 pp
- Fruit & Berry Salad \$2.25 pp
- Assorted Cookies \$1.75 pp
- Chocolate Brownies \$1.75 pp
- New York Style Cheesecake \$2.25 pp
- Key Lime Pie \$2.25 pp