



# CLASS SCHEDULE

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## SATURDAY

**4:30-5:15PM**

Youth White &  
White/Black

**4:30-5:15PM**

Youth Yellow -  
Orange/Green

**4:30-5:15PM**

Youth White &  
White/Black

**4:30-5:15PM**

Youth Yellow  
& Above

**4:30-5:15PM**

Youth White &  
White/Black

**10:00-10:45PM**

Youth White &  
White/Black

**5:15-6:00PM**

Youth Yellow -  
Orange/Green

**5:15-6:00PM**

Youth Green  
& Above

**5:15-6:00PM**

Youth Green &  
Above

**5:15-6:00PM**

Youth White &  
White/Black

**5:15-6:00PM**

Youth Yellow &  
Above

**10:45-11:30PM**

Youth Yellow &  
Above

**6:00-6:45PM**

Green to Blue

**6:00-7:30PM**  
Elite  
Team  
Sparring

**6:00-6:45PM**  
Youth White  
& White/  
Black

**6:45-7:30PM**  
Youth White  
& White/  
Black

**6:00-6:45PM**

Youth White &  
White/Black

**6:00-6:45PM**

Youth Yellow -  
Orange/Green

**6:45-7:15PM**

Weapons

**6:00-7:30PM**  
Elite  
Team  
Sparring

**6:00-6:45PM**  
Youth White  
& White/  
Black

**6:45-7:30PM**  
Youth  
Yellow-  
Orange/  
Green

**6:00-6:45PM**

Demo Team - Free  
Style Kicking

**6:00-6:45PM**

Demo Team -  
Board Breaking

**6:45-7:30PM**

Youth White &  
White/Black

**11:00-11:45PM**

Weapons

**7:30-8:30PM**

Adult All Belts

**7:30-8:30PM**

Adult All Belts

**7:30-8:30PM**

Adult All Belts

**7:30-8:30PM**

Adult All Belts

- Please note  
holidays may affect  
this schedule.