

J.GIO

SPRING TRAINING

SPRING SESSION 2

April 20 • May 21
5 Weeks • \$150

SKILL LEVELS

- Level 1 • Newer to skills training
- Level 2 • Average / Intermediate
- Level 3 • Invite Only (Fast Paced)

SKILLS TRAINING

MONDAY

- Grade 2 & 3 • 4:30–5:30 PM
- Grade 4 & 5 • 5:30–6:30 PM (Level 2)
- Middle School • 6:30–7:30 PM (Level 2)

TUESDAY

- Grade 1 & 2 • 4:30–5:30 PM
- Grade 4 & 5 • 5:30–6:30 PM

WEDNESDAY

- Grade 1 & 2 • 4:30–5:30 PM
- Grade 4–6 • 5:30–6:30 PM (Level 2–3)

THURSDAY

- Grade 2 & 3 • 4:30–5:30 PM
- Grade 5 & 6 • 5:30–6:30 PM

STRENGTH TRAINING

MONDAY

- Elementary School • 4:15–5:15 PM
- Middleschool • 4:15–5:15pm

WEDNESDAY

- Elementary School • 4:15–5:15 PM
- Middleschool • 4:15–5:15pm

