

J.GIO

SPRING TRAINING

SPRING SESSION 1

March 9 – April 10
5 Weeks • \$150

SPRING SESSION 2

April 20 – May 21
5 Weeks • \$150

SKILL LEVELS

- Level 1** – Newer to skills training
- Level 2** – Average / Intermediate
- Level 3** – Invite Only (Fast Paced)

SKILLS TRAINING

MONDAY

- Grade 2 & 3** – 4:30–5:30 PM
- Grade 4 & 5** – 5:30–6:30 PM (Level 2)
- Middle School** – 6:30–7:30 PM (Level 2)

TUESDAY

- Grade 1 & 2** – 4:30–5:30 PM
- Grade 4 & 5** – 5:30–6:30 PM
- Middle School** – 6:30–7:30 PM

THURSDAY

- Grade 2 & 3** – 4:30–5:30 PM
- Grade 5 & 6** – 5:30–6:30 PM

WEDNESDAY

- Grade 1 & 2** – 4:30–5:30 PM
- Grade 4–6** – 5:30–6:30 PM (Level 2-3)
- Middle School** – 6:30–7:30 PM

All sessions are at
Neon Energy Sports
32 Spruce St Oakland

