



J.GIO

FALL TRAINING

Level 2 -Must have Skills training experience at an Intermediate Level.

Sept 14 - Oct 23
6 weeks -\$180

MONDAY SKILLS

Grade 2nd & 3rd 4:30-5:30pm
Grade 4th & 5th 5:30-6:30pm - Level 2
Middleschool 6:30-7:30 pm - Level 2

TUESDAY SKILLS

Grade 1st & 2nd 4:30-5:30 pm
Grade 3rd & 4th 5:30-6:30pm
Middleschool 6:30-7:30 pm - Level 2

WEDNESDAY SKILLS

Grade 1st & 2nd 4:30-5:30pm
Grade 3rd - 5th 5:30- 6:30pm

SATURDAY SMALL SIDED
ORGANIZED 3V3
GRADES 1-3 9:30-10:30AM
GRADES 4-6 10:30-11:30AM

**\$30 PAY
AS GO**



MONDAY *STRENGTH*

Elementary

4:15-5:15pm

Middleschool

5:15-6:15pm

TUESDAY *STRENGTH*

Elementary

4:15-5:15pm

Middleschool

5:15-6:15pm

THURSDAY SKILLS

Grade 2nd & 3rd 4:30-5:30pm
Grade 5th & 6th 5:30-6:30pm



Neon Energy

32 Spruce Street
Oakland

