

J.GIO

GIRLS SUMMER SOCCER CAMP

GIRLS 3RD GRADE – 8TH GRADE

**4 Hours Per Day/
Mon-Thur 9-1pm**

GIRLS ONLY.
run by Highly Qualified
Female Trainers.



WHAT THE GIRLS WILL TRAIN

- Ball Control
- First Touch
- Technical Skills
- Speed & Agility
- Strength & Conditioning
- Tvl's
- Small-Sided Games

CAMP HIGHLIGHTS

- Daily Competitions
- Contest prizes
- Awards
- High energy training
- Tons of touches on the ball
- A fun, motivating environment

**MUST HAVE SOME
SKILLS TRAINING
EXPERIENCE TO
REGISTER!**

**MORNING CAMPS RUN
MON - THUR 9 - 1PM.**

JULY CAMPS:

Week 1 – July 6 – July 9
Week 2 • July 13 • July 16

AUGUST CAMPS:

Week 3 • Aug 3 • Aug 6
Week 4 • Aug 10 • Aug 13
Week 5 - Aug 17 - Aug 20



REGISTER LINK IN BIO / WEBSITE