



J.GIO

FALL TRAINING

Level 2 -Must have Skills training experience at an Intermediate Level.



Sept 14 - Oct 23
6 weeks - \$180



Sibling Discount



2x Week Discount



MONDAY SKILLS

Grade 2nd & 3rd	4:30-5:30pm
Grade 4th & 5th	5:30-6:30pm - Level 2
Middleschool	6:30-7:30 pm - Level 2



MONDAY STRENGTH

Elementary	4:15-5:15pm
Middleschool	5:15-6:15pm



TUESDAY SKILLS

Grade 1st & 2nd	4:30-5:30 pm
Grade 3rd & 4th	5:30-6:30pm
Middleschool	6:30-7:30 pm - Level 2



TUESDAY STRENGTH

Elementary	4:15-5:15pm
Middleschool	5:15-6:15pm



WEDNESDAY SKILLS

Grade 1st - 3rd	4:30-5:30pm
Grade 3rd - 5th	5:30- 6:30pm Level 2



THURSDAY SKILLS

Grade 2nd & 3rd	4:30-5:30pm
Grade 5th - 7th	5:30-6:30pm



SATURDAY SMALL SIDED



ORGANIZED 3V3
GRADES 1-3 9:30-10:30AM
GRADES 4-6 10:30-11:30AM

\$30 PAY
AS GO



Neon Energy
32 Spruce Street
Oakland