

J.GIO POP-UP SHOOTING CLINIC

4-WEEK GIRLS SHOOTING CLINIC



2ND – 4TH GRADE

9:30 – 10:30 AM

5TH – 8TH GRADE

10:30 – 11:30 AM

WE'LL FOCUS ON:

PROPER SHOOTING
FORM & TECHNIQUE

POWER + ACCURACY

BODY POSITIONING
& PLANT FOOT

SKILLS INTO SHOTS

SPEED INTO SHOTS

FINISHING FROM
DIFFERENT ANGLES

BUILDING CONFIDENCE
IN FRONT OF GOAL

SUNDAYS

NOVEMBER 1
NOVEMBER 8
NOVEMBER 15
NOVEMBER 22

\$120
4 WEEKS

NEON ENERGY SPORTS | OAKLAND, NJ