J.GIO
SPRING TRAINING

Level 1 - Newer to skills training
Level 2 - Average/ Intermediate
Level 3 - Invite only extremely fast paced.

SPRING 1
March 9- -April 10
5 weeks -$150

SPRING 2
April 20 -May 21
5 weeks - $150

MONDAY SKILLS

Grade 2 & 3 4:30-5:30pm

Grade 4 & 5 5:30-6:30pm - **Level 2**

Middleschool 6:30-7:30 pm - **Level 2-3**

MONDAY STRENGTH

Elementary:
4:15-5:15pm

Middleschool:
5:15-6:15pm

TUESDAY SKILLS

Grade 1 & 2 4:30-5:30 pm

Grade 4 & 5 5:30-6:30pm

Middleschool 6:30-7:30 pm

THURSDAY SKILLS

Grade 2 & 3 4:30-5:30pm

Grade 5 & 6 5:30-6:30pm

WEDNESDAY SKILLS

Grade 1 & 2 4:30-5:30pm

Grade 3rd & 4th 5:30-6:30pm - **Level 2- 3**

Middleschool 6:30-7:30 pm

WEDNESDAY STRENGTH

Elementary
4:15-5:15pm

Middleschool
5:15-6:15pm