

**J.GIO**  
SOCCER TRAINING

# MIDDIE SCHOOL TRAINING

WITH  
**COACH CARMELA**

ONE OF J.GIO'S HEAD TRAINERS  
& MOST POPULAR TRAINERS!



BALL MASTERY



FOOT SKILLS



SPEED & COORDINATION



GAME CONFIDENCE

## TUESDAYS

4 Weeks



JUNE 30-  
JULY 22

4 Weeks



JULY 28 -  
AUGUST 18

6:00 - 7:00 PM

6:00 - 7:00 PM

Option to Add in  
Strength Training  
5:00-6:00pm Before  
your soccer session!

**REGISTRATION IS NOW OPEN!**

