

J.GIO

6:00-7:30PM
6TH - 10TH GRADE

5:00 -6:00PM
3RD- 5TH GRADE

Elite Summer Training for Girls 6th -10th grade.

Intermediate players only.

This is a high-level environment designed for serious players who want to improve, compete, and grow.



TRAIN WITH TWO DIVISION I ATHLETES

These sessions are run by two high-level Division I players who bring both elite experience and incredible energy as trainers. They are not only talented athletes — they are amazing mentors that girls instantly connect with. Players will learn advanced skills, game awareness, and confidence from athletes who have played at the highest level and understand what it takes to get there.

4 Week Session



MONDAYS:

- June 29
- July 6
- July 13
- July 20



LOCATION

Neon Energy Sports
Oakland, NJ

**Limited Spots
Available**

Register through the link in bio.

WHAT TO EXPECT

- ⚡ High level technical training
- ⚡ Speed & agility work
- ⚡ Position specific development
- ⚡ Game situation training
- ⚡ Mentorship from Division I athletes

