

J.GIO

WINTER 1 - NOV 10 - DEC 18



All sessions are at Neon Energy Sports
32 Spruce Street Oakland NJ

MONDAY

SOLD OUT - 4:30- 5:30pm

SOLD OUT - 5:30- 6:30pm

Middle School - 6:30- 7:30pm

THURSDAY

Kinder & 1st Grade - 4:30-5:30pm

SOLD OUT - 5:30-6:30pm

Middle School - 6:30-7:30pm

TUESDAY

1st & 2nd Grade - 4:00 -5:00pm

SOLD OUT - 5:00-6:00pm

WEDNESDAY

2nd & 3rd Grade - 4:00-5:00pm

SOLD OUT - 5:00-6:00pm

STRENGTH TRAINING

These sessions are in our Strength Room with coaches Jen & Nicole!

MONDAY:

SOLD OUT - 4:15- 5:15pm

Middle School - 5:15-6:15m

TUESDAY:

Elementary School - 4:15- 5:15pm

SOLD OUT - 5:15-6:15pm

Sibling Discount
2x Week Discount

@JgioTraining
Www.JgioTraining.com