

SELF DEVELOPMENT AND SPIRITUAL TRAINING

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MARTIAL ARTS

- 1969 -Judo, Craighouse School, Santiago, Chile.
- 1974-77 -Goju- Ryu, Karate Do, Santiago, Chile.
- 1982 -Goju- Ryu, Karate Do, Santiago, Chile.
- 1987 -Aikido Classes, Santiago, Chile.
- 2000 -T'ai Chi Classes, Master Chuen Ru, New York.
-Tiger Schulmann's MMA Karate School, Black Belt Program, New York.
- 2001 -Yoshu Program (assistant instructor) at Tiger Schulmann's MMA Karate School, New York.

EDUCATION/ TEACHING

- 1999 -Guided meditation and relaxation seminars done for parents and relatives of people lost at September 11 at WTC, Epic Program Center, New York.
- 2000 -Epic Program, New York.
-Learning Leaders Training Program, New York.
- 2001 -Facilitator Certification, Epic Program, New York.
- 2002 -Facilitator on guided meditation and relaxation techniques in Greenpoint, Brooklyn, with private sessions involving psychic readings with Tarot Cards, Numerology, Clairvoyance and Clear Audience.

SPIRITUAL TRAINING / RESEARCH PARTICIPATION

- 1981 -Transcendental Meditation Technique Program, Santiago, Chile.
- 1986 -Advance Meditation Technique, Siddhis Program, Santiago, Chile.
- 1986 -Kundalini Yoga Training, Santiago, Chile.
-Numerology Training, Santiago, Chile.
-Sufi Program, meditation methods, Ancient Sufi Energy healing methods, interactive group of methods for conflict resolution. Instituto Cultural de El Arrayan, Santiago, Chile.
- 1991 -Group Energy- Healing and meditation workshop, Tom Heckel, Santiago, Chile.
-Doors of Compensation, Arica Training, School of T'ai Chi Chuan, New York.
- 1992 -**Participation at a research on brainwave activity at deep states of meditation as a subject of study; Belleview Hospital, Neuroscience Laboratory, NYC.**
-Church of Scientology, Auditing sessions, New York City, NY.
-Conflict Resolution Program, Christ Church, New York.
-Rebirthing Program Workshop, Author Sondra Ray, New York
- 1993-99 -On the Common Ground, Men's Group Movement, New York.
-Creative Therapy Workshop, Nomi Bachar, New York.
- 1995 -Self Realization Training course (Paramahansa Yogananda's), New York.
- 1999 -Channeling Seminar, Psychic James Van Praagh, New York.
- 2006 -Advanced Initiation Class, Grand Master Reiki healer, Spiritual Teacher and Psychotherapist Derek O'Neill. NYC.
-Star Fuentes Workshop. Angel Seals, Advanced Toruses healing, organ healing, Shamans Challenges, Dimensions. Meta Center, New York.
-Adept member of the Great White Brother and Sisterhood of Light, now called Karnak Initiations; a 46 level progression into sacred mastery.
-Initiated Practitioner of Rising Star Healing System by Bhakti Yogi Sondra Shaye, Brooklyn, NY.
- 2007 -Initiated Practitioner of Prema Birthing Healing Modality by Grand Master Reiki healer, Spiritual Teacher and Psychotherapist Derek O'Neill. NYC.
- 2008 -Member of SQ-Worldwide.
- 2009 -Mahatma Therapy Initiation, Anthony Citro, New York N.Y.
- 2010 -Minjushri Initiation as a Rising Star Teacher. (Buddhist Tradition).
-3rd level Spiritual Teacher; adept member of the Great White Brother and Sisterhood of Light, now called Karnak Initiations, a 46 level progression to sacred mastery.
- 2015 -Mo Pai 1st level training. (Nei Kung style of ancient Chinese method of Self Realization.

ONGOING PRACTICES

- 2022 MR. Schmidt is actively giving Healing, Mediumship and Psychic sessions and has helped thousands of people in NYC and Santiago, Chile. He follows a daily practice of Meditation and Yoga, he started in 1981, combining with applied knowledge from the Sacred Ancient Teachings from Hinduism, Daoism, Buddhism, Sufism and Christian spiritual denominations.