M.A.R.C.H.

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| **M**assive Hemorrhage | Objective: STOP THE BLEED | Interventions: * Direct pressure
* Pressure dressings
* Tourniquets
* Wound packing
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| **A**irway  | Objective: ensure airway is clear and open  | Interventions:* Listen for breaths.
* Look for chest rise and fall.
* Recovery position-lying on their side
* Chin lift or jaw thrust.
* Check for obstructions.
* Use airway adjunct NPA/OPA
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| **R**espirations  | Objective: Functional breathing  | Interventions:* One way valve mask rescue breaths
* Check front and back torso for punctures.
* Treat with chest seal dressings
* Monitor for tension pneumothorax if happening burp/remove chest seals
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| **C**irculation  | Objective: continue assessment  | Interventions: * Reevaluate bleeding interventions are they still working.
* Full body sweep checking for pulses in limbs without tourniquets.
* Weak pulses lift legs up 12 inches.
* No pulse, start CPR
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| **H**ead injury/ Hypothermia | Objective: Assess for head injury, prevent heat loss  | Interventions:* Assess for neurological deficit.
* Cold body temp means blood doesn’t clot properly
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