



# EXPLORERS (AGE 8-14)

## What to Pack List

### REQUIRED:

- One week's worth of camp clothes – tank tops (not spaghetti strap or halter), T-shirts, and shorts that you don't mind getting dirty
- Long pants/jeans (**\*required\*** for horseback riding and ropes course)
- Tennis shoes/hiking boots – your shoes will get dirty, so don't bring your best pair to wear every day
- Rain gear
- Light jacket or sweatshirt
- Nice outfit for Thursday night dance
- Sleepwear
- Swimsuits – these must be camp appropriate (i.e., one-piece suits for girls and trunks for boys)
- Beach towel
- Towels/washcloths
- Bedding (twin-sized sheets, comforter, pillows)
- Sleeping bag (for camp outs under the stars)
- Toiletries (toothpaste, toothbrush, soap, shampoo, brush/comb)
- Sunscreen
- Prescribed medications *in their original labeled container*. It is an American Camp Association (ACA) requirement that any prescribed medication to be dispensed at camp by the nurse can **\*only\*** be dispensed **\*if\*** it is in the original container. Same thing with over-the-counter medications.

### RECOMMENDED:

- Insect repellent (non-aerosol) ***For mosquito protection, the Centers for Disease Control and Prevention recommends that the insect repellent be one with DEET, picaridin, oil of lemon eucalyptus, or IR3535.***
- Water shoes – must have an ankle strap to keep secure on the foot (for creek stomps)
- Shower shoes
- Flashlight
- Jacket
- Camera (inexpensive/disposable are great) – make sure you put your name on it with a black permanent marker
- Camp store money (if you wish to purchase something before you leave camp on Friday)

### **\*NOT\* ALLOWED AT CAMP:**

- Expensive jewelry or other items
- Electronic devices like cell phones, MP3/4 players, PSP's, CD players, etc.
- Knives, or weapons of any kind
- Cash, checks, or credit cards (except store money, which should be given to the adult who registers the youth)

### PLEASE NOTE

We are not responsible for lost or stolen items (this includes campers' glasses, hearing aids, and cochlear implants). If it's expensive, please don't bring it to camp.



# ADVENTURERS (AGE 15-16)

## What to Pack List

### REQUIRED:

- Backpack
- Canteen or water bottle with carry strap (for all those hikes we will go on)
- One week's worth of camp clothes – tank tops (not spaghetti strap or halter), T-shirts, and shorts that you don't mind getting dirty
- **One set of OLD CLOTHES that you don't mind becoming stained – for paint powder/paintball activity.**
- Long pants/jeans (**\*required\*** for horseback riding and ropes course)
- Light jacket or sweatshirt
- Tennis shoes/hiking boots – your shoes will get dirty, so don't bring your best pair to wear every day
- An extra pair of shoes (in case the first gets wet while crossing a creek)
- Sleeping bag (for camp outs under the stars)
- Toiletries (toothpaste, toothbrush, soap, shampoo, brush/comb)
- Sunscreen
- Insect repellent (non-aerosol) **For mosquito protection, the Centers for Disease Control and Prevention recommends that the insect repellent be one with DEET, picaridin, oil of lemon eucalyptus, or IR3535.**
- Flashlight
- Rain gear
- Nice outfit for Thursday night dance
- Appropriate sleepwear
- Towels/washcloths
- Swimsuits – these must be camp appropriate (i.e., one-piece suits for girls and trunks for boys)
- Prescribed medications *in their original labeled container*. It is an American Camp Association (ACA) requirement that any prescribed medication to be dispensed at camp by the nurse can **\*only\*** be dispensed **\*if\*** it is in the original container. Same thing with over-the-counter medications.

### RECOMMENDED:

- Water shoes – must have an ankle strap to keep secure on the foot (for creek stomps)
- Camera (inexpensive/disposable are great) – make sure you put your name on it with a black permanent marker
- Small duffle bag or sturdy bag for wet/dirty laundry
- Camp store money (if you wish to purchase something before you leave camp on Friday)

### \*NOT\* ALLOWED AT CAMP:

- Expensive jewelry or other items
- Electronic devices like cell phones, MP3/4 players, PSP's, CD players, etc.
- Knives, or weapons of any kind
- Cash, checks, or credit cards (except store money, that should be given to the adult who registers the youth)

### PLEASE NOTE ...

We are not responsible for lost or stolen items (this includes campers' glasses, hearing aids, and cochlear implants). If it's expensive, please don't bring it to camp.