



EXPLORERS (AGE 8-14)

What to Pack List

REQUIRED:

- One week's worth of camp clothes – T-shirts, tank tops (not spaghetti strap or halter), and shorts that you don't mind getting dirty (Have 2-3 EXTRA changes of clothes, including extra underwear, socks.)
- Long pants/jeans (***required* for ropes course**)
- **Closed-toe shoes/sneakers/socks** – your shoes will get dirty, so don't bring your best pair to wear every day
- Rain gear
- Light jacket or sweatshirt
- Skirt, dress, or nice shirt for Thursday night dance
- Sleepwear
- Swimsuits must be modest and designed for water activities. For boys, swim trunks or board shorts are appropriate. Tight-fitting swim briefs or swim bottoms that allow exposure are not allowed. For girls, modest tankinis or one-piece swimsuits are appropriate. Bikinis or two-piece suits with tie closures are not allowed.
- **Towels/washcloths and beach towel**
- **Bedding (twin-sized sheets, comforter, pillows) for sleeping in the cabin**
- **Sleeping bag (*all campers at main camp will sleep under the stars one night during camp week*)**
- Toiletries (toothpaste, toothbrush, soap, shampoo, brush/comb)
- Sunscreen
- Prescribed medications *in their original labeled container*. It is an American Camp Association (ACA) requirement that any prescribed medication to be dispensed at camp by the nurse can ***only*** be dispensed ***if*** it is in the original container. Same thing with over-the-counter medications.

RECOMMENDED:

- Insect repellent (stick or lotion preferred) ***For mosquito protection, the Centers for Disease Control and Prevention recommends that insect repellent be one with DEET, picaridin, oil of lemon eucalyptus, or IR3535.***
- **Water shoes** – must have an ankle strap to keep secure on the foot (for creek stomps)
- **Shower shoes** (flip-flops)
- Flashlight
- Camera (inexpensive/disposable are great) – make sure you put your name on it with a black permanent marker
- Camp store money (if you wish to purchase something before you leave camp on Friday)

***NOT* ALLOWED AT CAMP:**

- Food, soda or candy (***prohibited in cabins, as they attract bugs/rodents***)
- Electronic devices – ***NO cell phones***, radios, cd players, tablets, kindles, or other smart devices
- Knives, or weapons of any kind
- Cash, checks, or credit cards (except store money, which should be given to the adult who registers the youth)

PLEASE NOTE ...

We are not responsible for lost or stolen items (this includes campers' jewelry, glasses, hearing aids, and cochlear implants). If it's expensive, please don't bring it to camp.