

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00am-7:00am		Boot Camp	Boot Camp	Boot Camp	Boot Camp	
9:00 - 10:00 am	Fit Start			Boot Camp	Boot Camp	Zumba
10:00 - 11:00am	Glutes Camp					Liturgical
11:00 -12:00 pm						STJL
12:00 -1:00 pm						Stretch
4:30 - 5:00 pm	Jazz	Jazz			Ballet/STJL	
5:00 - 5:30 pm	Jazz	Jazz			Ballet/STJL	
5:30 - 6:00 pm	Liturgical	Jazz		Ballet	Contemporary	
6:00 - 6:30 pm	Liturgical	Jazz	Boot Camp	Ballet	Contemporary	
6:30 - 7:00 pm	Hip-Hop	Boot Camp	Boot Camp	Contemporary	Boot Camp	
7:00 - 7:30 pm	Hip-Hop	Boot Camp		Contemporary	Boot Camp	
7:30 - 8:00 pm	Zumba			Zumba	Zumba	
8:00 - 8:30 pm	Zumba			Zumba	Zumba	
8:30 - 9:00 pm						

KEY: Nissi: 3-5 years old    Rapha: 6-9 years old    Elohim: 10-16    Adult Dance    Kingdom Fitness

