

Chicken Bacon Ranch Packets (Keto Friendly)

From: Lori Reininga 8/12/2019

Easy clean up, really tasty!



Ingredients:

1lb Boneless Chicken Breasts
4 cups Broccoli
1 cup Shredded Cheddar
1 pkt Ranch Seasoning
4 slices Cooked Bacon
 Olive Oil

Directions:

Preheat oven to 350°. Throw chicken, olive oil, and some of the ranch in a bowl and toss. Cut 4 pieces of foil into 15 inch pieces. Put 1 cup of broccoli down first, sprinkle with remaining ranch seasoning. Layer with 1 quarter chicken, then cheese, then crumbled bacon. Then fold packets and bake for 25-30 minutes.