

Homemade Taco Seasoning From: Heather Hannin 8/6/2019



Ingredients:

2Tbs Chili Powder
½ tsp Garlic Powder
½ tsp Onion Powder
½ tsp Red Pepper Flakes (crushed red pepper) * I use much
 more to make spicier
½ tsp Oregano
1 tsp Paprika
1 Tbs Cumin
2 ½ tsp Salt *I use less to keep it lower in sodium, and I use sea salt
2 tsp Pepper

Directions:

We premix several servings and keep in an old Parmesan Cheese bottle. Then it is ready to shake out and add to ground turkey, ground chicken, or ground beef. We also add to cut up chicken to make fajitas. Basically add as much as you like to taste!