## Mental Illness and Densities 7-19-22

I am sending this out to colleagues who are smarter than Zoli, which is every one of you. <sup>(e)</sup> Please consider the possibility that my sleepless night generated this theory to engage conversation and potential solutions to issues of addiction- recovery. Dunno. Ideas?

The mind and emotions become enmeshed within the constructs of conflicting densities. These densities are conflictual in their essence because their frequencies live on different levels. As the higher realms demonstrate in levels, so do densities. These are not dimensions but personal realities which answers the question of why the mentally distressed are isolated from the greater reality we share.

I awakened at 02:00, unable to sleep due to disturbing impressions representing fears we all share. The human fear of isolated abandonment in times of need is acutely entrenched in the landscape of nightmares and disturbances while awake. These disturbances are emotions habituating specific densities connected to the lower Astral realms. I myself could not restfully sleep because some imprint was poking at the outer realms of my consciousness, begging entry. The imprint was this image that mental and emotional disturbances are specific densities. If this is so, we titrate drugs and substances both recreationally and medically to meld the emotional body with desired densities for healing or detriment.

We are a drugged society addicted to densities supporting neurotransmitters which engage these densities. If we view both the "high" and the " balancing" aspects as densities rather than 3D energies, perhaps the ideation of imbalances can be recalibrated by addressing the density rather than only the manifested emotions.

Again the question of why humans enter this reality desiring to drug themselves out of it addresses the enticement of these densities. Perhaps densities are emotional archetypes programmed into the experience of life on earth. Or perhaps they are self created anomalies generated by attachments to emotions. The feeling nature begs solace as well as resolution of conflicts, whether self generated or presented from external stimuli. The ability to detach from the emotional component of a density appears to relegate imbalanced emotions to the mental realm. However, mental attachments (Illusions) are also density specific. The emotional attachments (Glamours) similarly stick to human experience and our discomforting pressure from within to seek solace.

The hardened stubbornness of "mental illness" and addiction insist upon remaining immune to balance, whatever that looks like. The addiction may be the emotional body grounding itself firmly within the cage of a density. In other words, an emotional density appears to block light from the mind and the Source from realigning the emotional body with the mental body. The fights observed between these two bodies present in all addictive persons. The mental illnesses also appear to be stuck in between mental and emotional comfort and resolution of conflicting states.

Frequencies and fields are universal while densities are personal and experienced with the flavors of frequencies. Dimensions, like fields, are universal. Densities exist within dimensions and are experienced personally with awareness of their universality. The incoming fifth dimension engages its non linearality and expansiveness while one remains, living life, in the third dimensional world. The dynamics of higher consciousness allow the experiencing of fifth dimensional abilities while the individual remains engaged with the normal world. Emotional and mental densities then express as "spiritual" experiences with affects of connection to the shared reality of 3D, stimulating grace and balance between the emotional and mental bodies.

Questions:

Is addiction to a substance actually addiction to the density?

Is addiction to any substance or behavior actually only one density? Is that why we label all these behaviors " addictions"?

At what point does the emotional body engage the mental body with density conflict? Is this the moment when we " realize" there is a conflict, meaning the defining behavior is consciously recognizable?

Theories anyone?

Nullum Bonum Infinitum.