



prevention • education  
advocacy • recovery

# Hope Coalition

Resource Guide

2023





## Where we came from and where we are going....

Hope Coalition was initiated by the Henderson County Partnership for Health in 2013 under the name HopeRx. As a community collaborative, we work to educate, evaluate, and implement evident-based models on substance misuse and underage drinking in Henderson County.






Today our services are rapidly expanding. We work hand in hand with schools, law enforcements, health department, healthcare organizations, and other community non-profits and agencies to effect change.





# about

Hope Coalition is dedicated to preventing substance misuse among youth and focusing on long-term recovery for anyone impacted by alcohol and drug addiction. These resources listed below are some of the offerings we have available to the public that can help.

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## Peer Support Specialists

Through the “lived-experience” of our peer support specialists, we will assist, encourage, empower and advocate with others on their journey to finding their own path to recovery. Recovery is possible but is not meant to be alone. We do recover together.

*peersupport@elementsofhope.org*

## Recovery Coordination

In addition to our ‘Recovering Hope’ adult peer support groups, we also offer MARA meetings (Medication-Assisted Recovery Anonymous). Medication-Assisted Recovery Anonymous where non judgement is the code. It is a support group of people who believe in the value of medication as a means to recovery.

*peersupport@elementsofhope.org*

## DWI Assessments

A DWI Substance Use Assessment is an alcohol and drug use assessment consisting of an interview by a Licensed or Certified Substance Use Counselor and a structured assessment questionnaire to evaluate a person’s relationship with alcohol and/or drugs. It is required of everyone who is convicted of Driving While Impaired in the state of North Carolina.

*referrals@elementsofhope.org*

## Recovery Community Center

A Peer Living Room for Adults in Recovery Hope Coalition's Recovery Community Center, conveniently located in downtown Hendersonville, is a peer living room dedicated to adults in recovery. The Recovery Community Center is designed as a safe space for finding support and resources. The living room is a judgement-free haven from the challenges of healing from substance misuse and other traumas.

## Group Meetings:

- Grove St. Girls
- Mornin' Cuppa Hope
- NA
- Recovering Hope
- SMART
- Stitches of Hope



## We are Hope Week

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This annual collaboration between Hope Coalition and Henderson County Public Schools is a week-long initiative, which occurs just before spring break to educate and raise awareness about the dangers of substance misuse. Activities within the schools are student-led and vary to include banners signed by students pledging to remain substance-free, tying white ribbons in remembrance of those lost, and themed clothing days.

#WeAreHope week culminates with a banner-hanging event at the Historic Henderson County Courthouse, featuring speakers from local government, law enforcement, and other community leaders.

## Hope Rising

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Hope Rising is a youth diversion program that seeks to offer constructive alternatives to juvenile and criminal justice systems. The 12 session interactive curriculum assists at risk youth in healing and combating substance misuse. Youth from the department of juvenile justice are also required to perform community service, pay court costs and fines, and complete our drug and alcohol life skills program. When they have completed all requirements in the approved time period DJJ will determine if their contract can be closed.

Through this program to support youth we also offer all parents the opportunity to take Triple P parenting classes.

**Monday, 5:30pm - 7pm**

**Grace Blue Ridge Church**

**109 Florence St. Hendersonville**

**Ages 18 and under**

*hoperising@elementsofhope.org*

- Life-skills curriculum
- Evidence-based recovery
- Led by trained professionals
- A chance for youth to connect with peers



## Henderson County Teen Court

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Hope Coalition has been tasked with the development of HC Teen Court, a restorative justice program. HC Teen Court is a diversionary court that keeps first and second-time juvenile offenders aged 11-17 and 18-19, out of the court system. The offenders who are willing to admit guilt are held accountable for their actions. A jury of the juvenile's peers may assign the juvenile to counseling, restitution, curfews, community service, or other rehabilitative measures. Teen Court programs are proven to reduce recidivism rates of young people and to restore their relationship with the community.

*teencourt@elementsofhope.org*

## Youth Council

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Henderson County Youth Council (HCYC) is a youth development program that teaches public speaking, strategic planning and other skills as a means to guide youth purpose. HCYC is a service-learning and leadership development program for high school students of Henderson County. HCYC is a student led and driven organization supported by United Way. The council consists of representatives from all public high schools including the Innovative High School and Early College and is open to youth enrolled in home schools. Youth are chosen through an application process that begins in the Spring.

*hcycc@elementsofhope.org*

## Youth Support Groups

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Designed to provide youth with opportunities to build skills, self esteem, and confidence in their communities. These groups are led or co-facilitated by caring adults who are trained and supervised to facilitate growth and development in all group participants. *Walk-ins are always welcome.*

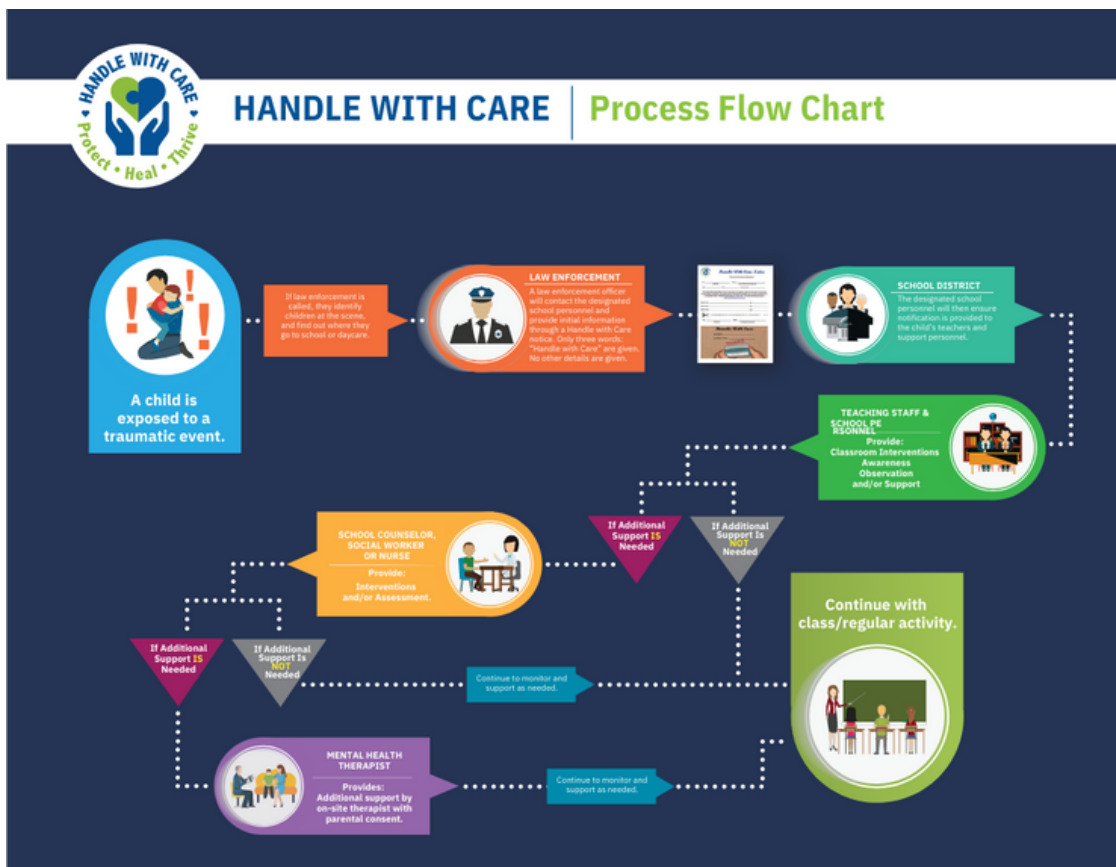
*contact@elementsofhope.org*



## The "Handle With Care" Model

This national model created in Hendersonville provides a process for law enforcement to notify schools if they encounter a child at a traumatic scene, without disclosing the details. Once notified, schools and mental healthcare leaders can provide trauma-informed support if needed.

[contact@elementsofhope.org](mailto:contact@elementsofhope.org)



*Emphasizing public health and human rights, harm reduction programs provide essential health information and services while respecting individual dignity and autonomy. Harm reduction programs focus on limiting the risks and harms associated with unsafe drug use, which is linked to serious adverse health consequences, including HIV transmission, viral hepatitis, and death from overdose.*

## NARCAN/Naloxone Distribution

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Naloxone (naloxone HCL, Narcan®, Evzio®) is an FDA-approved medication that reverses the effects of an opioid overdose by blocking receptors in the brain and restoring breathing.

### *Where to get Naloxone*

In North Carolina there are four ways to find naloxone:

- Syringe exchange programs that offer naloxone
- NC health departments that offer naloxone
- North Carolina pharmacies that offer naloxone
- Talk to your medical care provider about getting naloxone

NARCAN/Naloxone can be picked up and distributed from the RCC and Hope Coalition team members

<https://elementsofhope.org/resources/overdose&naloxoneinfo>

## Medication Take Backs

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Partnering with law enforcement, our community drug take back events aim to provide a safe, convenient, and responsible means of disposing of prescription drugs, while also educating the general public about the potential for abuse of medications. *Check our Event Calendar or contact us* about upcoming drug take back events!

## Lock Your Meds

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Lock Your Meds® is a national multi-media campaign produced by National Family Partnership®(NFP). It is designed to reduce prescription drug abuse by making adults aware that they are the “unwitting suppliers” of prescription medications being used in unintended ways, especially by young people. *Contact us* for lock boxes, bags and bottles to keep your medications secure and out of the wrong hands.



## Crisis Care

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- **In emergency dial 911**
- **AdventHealth**
  - 100 Hospital Drive, Hendersonville, NC 828-684-8501 | [AdventHealthNC.com](http://AdventHealthNC.com)
- **Blue Ridge Health**
  - 2579 Chimney Rock Road, Hendersonville, NC Main: 828-692-4289 ext. 2289 School Based Health Practice: 828-233-2280 [www.brchs.com](http://www.brchs.com)
- **Family Preservation Services**
  - 120 Chadwick Sq. Crt., Suite C, Hendersonville, NC 828-697-4187
- **Pardee UNC Health**
  - 800 N. Justice Street, Hendersonville, NC Main: 828-696-1000 / Hotline: 828-696-4250 [www.pardeehospital.org](http://www.pardeehospital.org)
- **Pisgah Legal Services**
  - 440 S. Church Street, Hendersonville, NC Main: 828-253-0406 / Hotline: 1-800-489-6144 [www.pisgahlegal.org](http://www.pisgahlegal.org)
- **RHA / Mobile Crisis Management**
  - 356 Biltmore Avenue, Asheville, NC Main: 828-254-2700 / MCM Crisis Line: 888-573-1006 [www.rhahealthservices.org](http://www.rhahealthservices.org)
- **Safelight**
  - 133 5th Avenue W., Hendersonville, NC 828-693-3840 | [www.safelightfamily.org](http://www.safelightfamily.org)
- **Your Next Chapter Counseling**
  - 322 8th Avenue E., Hendersonville, NC 828-708-7088 [www.yournextchaptercounseling.com](http://www.yournextchaptercounseling.com)
- **Youth Villages**
  - 10 Crispin Court, Suite D230, Asheville, NC Main: 828-250-3700 “Healthy Transitions”: 828-250-3726 “LifeSet” and “Intercept”: 828-250-3725 Multisystemic Therapy: 828-250-3706 [www.youthvillages.org](http://www.youthvillages.org)

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Preventing substance use among youth and focusing on long-term recovery for anyone impacted by alcohol and drug addiction.