#### 5 DAILY LIFE AFFIRMING VERSES

ENCOURAGING FAITH | BUILDING HOPE | CONFIRMING LOVE

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COVID-19 SPECIAL EDITION

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We are living through days when questions arise with frequency. The "why" has never been an easy one to respond to, or to understand how a Holy God allows circumstances to spin wildly out of control.

Over 6 years ago, a distraught and suicidal Marine asked if I would send him "5 reasons to stay alive" each day. Of course I said yes. Now, there are over 2,000 days, 10,000 verses of affirmations to continue, to have hope, reasons to hold on, even when a pandemic threatens to change our world in unimaginable ways.

The Word of God has always held the answers, and offered hope. The Truth found within the pages shows how people and nations wrestled with issues and cried out for a reason.

This special edition contains 40 days of five encouraging verses. My original desire was to publish a collection of 500 of the over 2,000 days I have amassed over the last six years. Yet, the world changed and accelerated the timeline. This edition contains flaws in formatting, and probably spelling. But... I didn't want to delay for want of perfection.

Download and share as often as you want. Find friends to read the verses with. Have a discussion on the quest, and on the questions that arise.

Please use the lines to enter your thoughts as you walk out this journey of self-distancing and the strange days we find ourselves in.

I pray these 40 days of hope serve as a light in the dark chaos of what we call COVID-19.

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## 5 for the Why?

1.	Wh	y? (Psalm 46:8-10)
2.	Wh	y does my present circumstance feel like a waste? (Isaiah 49:1-4)
3.	Wh	y does this situation seem pointless? (Luke 22:31-32)
4.	Wh	y does His mercy seem absent (1 Peter 5:9-10)
5.	Wh	y is life so hard? (Isaiah 54:11-17)

### 5 for Disturbing Headlines

1. It ALL passes by the throne (Job 2:1-6)
2. I am TRUSTED with this trial (Isaiah 54:11-17)
3. My FAITH will not fail (Luke 22:32)
4. ALL things means EVERYTHING (Romans 8:28)
5. He knows, He knows, He KNOWS! (Isaiah 46:8-11)

#### 5 for News

1. Suffering circumstances TESTIFY to generations (Job 2:3-6)
2. The unlikely will come alongside to ASSIST (Joshua 2:1-5)
3. A minority with FAITH can make a difference (Numbers 13:30; 14:24)
4. He always sees me as the WARRIOR He equips me to be (Judges 6:10
5. The question is not "why," but "how" to move through the news and serve Him (2 Corinthians 4:7-12)

## 5 for Insurmountable

1. He means for me to be RIGHT where I am (1 Peter 4:12)
2. He will CLEARLY INSTRUCT me when to move (Exodus 13:21-22)
3. He is PRESENT with me in the wilderness (1 Kings 19:4-18)
4. He has an UNLIMITED and EXACT PROVISION for this time (1 Kings 17:3-9)
5. He did not bring me to this place to let me down! (Exodus 14:11-16 Psalm 107)

#### 5 for Void

1. Facing the UNEXPECTED can cause fear (Matthew 28:5)
2. Confronting the void brings CLARITY (John 20:11-18)
3. He TRUSTS me with the trial (Job 2:3-6)
4. Heading toward the unfamiliar takes FAITH (Hebrews 11:8)
5. Intimacy brings EXPANSIVE INSIGHT (Genesis 15:1-6)

#### 5 for Darkness

1. Darkness is a place of REVELATION (Daniel 2:22)	
2. Darkness EQUIPS me to listen (Matthew 10:26-27)	
3. Darkness gives opportunity for distinct INTIMACY (Amos 3:	7)
4. Darkness is the same as LIGHT to Him (Psalm 139:11-12)	
5. Darkness is a place of FAVOR! (Isaiah 45:3)	

### 5 for Imbroglio

1. He creates PEACE in the midst of peril (Matthew 8:23-26)
2. He abundantly PROVIDES out of compassion (Matthew 14:14-20)
3. He PROMISES provision (Mark 10:28-30)
4. He answers my failures with GRACE (John 8:6-11)
5. His TRUTH defeats the lie (Matthew 4:4-11)
*a confused or complicated situation

#### 5 for Scorched Places

1. He GUIDES me through the wilderness (Psalm 23:3-4)
2. He SUSTAINS me (Isaiah 43:18-19)
3. He SATISFIED IN scorched places (Isaiah 58:11)
4. He uses me to STRENGTHEN others (John 4:38)
5. Things are about to change! (Isaiah 35:1-10)

### 5 for Impossibilities

1. He will SHELTER me in the storm of circumstance (Psalm 18:2)
2. He will FIGHT on my behalf when the enemy outnumbers me (Joshu 23:10)
3. He will MULTIPLY what I have for the multitudes (John 6:1-14)
4. He will PROVIDE for the IMPOSSIBLE task for me to accomplish (Marl 16:3-4)
5. He will keep ALL of His PROMISES (Joshua 23:14; 2 Peter 3:9)
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### 5 for Preparing

1. I will REST in the place where He leads (Psalm 23:2-3)
2. I will LISTEN for the still small voice (1 Kings 19:11-13)
3. I will ACCEPT the silences as His favor (Psalm 22)
4. I will be STILL and know that He is who He says He is (Psalm 46:10)
5. I will TRUST He is the REDEEMER OF THE WORST DAYS imaginable (Mark 15:21-46)

#### 5 for the Small

1.	A small prayer of FAITH is life-giving (John 4:49-53)					
2.	My small provision can PROVIDE for the masses (John 6:9-13)					
3.	3. He uses a small army to defeat the enemy and bring Him GLORY (Judges 7:7)					
4.	4. Even small FAITH alters the landscape of my circumstance (Matthew 17:20)					
5.	The Lord DELIGHTS in small beginnings! (Zechariah 4:10)					

## 5 for Beginnings

1. I am moving FORWARD, leaving the past behind (Philippians 3:13-14)
2. I am watching and waiting for the NEW WAY He is making for me (Isaiah 43:18-19 The Message)
3. I am a NEW PERSON for what He has done for me (2 Corinthians 5:17
4. One day EVERYTHING will be made new! (Revelation 21:5)
5. His love NEVER FAILS, His mercy is new EVERY DAY! (Lamentations 3:22-23)

#### 5 for Rhetoric

. UNDERSTAND the times and be at peace (John 16:33)						
2. Respond with LOVE (John 15:13-27)						
REJOICE in the midst of rhetoric (Matthew 5:11-12)						
4. Speak TRUTH with confidence (Jeremiah 1:17-19)						
5. PRAY for the other side (Matthew 6:44-45)						

### 5 for Calamity

#### 5 for Lack

1. He calls forth PROVISION in my fear (Exodus 16:2-15)
2. He KNOWS what I need (Matthew 6:25-34)
3. He KNOWS my heart's desires (Psalm 37:3-11)
4. He KNOWS what I have given up (Mark 10:28-30)
5. He can be TRUSTED! (Hebrews 11:13-16)

#### 5 for Much More

1. He PROVIDES for the birds of the air (Luke 12:24)
2. He CLOTHES the lilies of the field (Luke 12:27-28)
3. I will not worry about TOMORROW (Matthew 6:34)
4. He is a REWARDER of those who seek Him by faith (Hebrews 11:6)
5. How much MORE will He be my provision!! (Matthew 7:7-10)

### 5 for Perspective

1.	Не	has the ENTIRE view of my circumstance (Isaiah 55:8-9)					
2.	Не	is PRESENT in the unseen (2 Kings 6:16-17)					
3.	Не	IDENTIFIES Himself in the storm (Matthew 14:27)					
4.	Не	e changes my VIEW of the problem (Psalm 61:1-2)					
5.	Не	He uses me to CHANGE the perspective of others (Acts 26:18)					

#### 5 for Waiting

1. ľ	My watch is no	ot an indicato	r of His	timing,	l will	WATCH	and	wait
	(Habakkuk 2:3)	)						

- 2. I wait aware He has HEARD me and is responding on my behalf (Psalm 40:1)
- 3. I view this "wait" as weight, exercising my FAITH (Psalm 130:5-7)
- 4. I am gaining STRENGTH and perspective as He trains me for His battles (Isaiah 40:31)
- 5. I know HE KNOWS! (Psalm 46:10)

#### 5 for a Troubled Heart

1. He is NEAR to the broken-hearted (Psalm 34:18-19)
2. He is ACQUAINTED with my sorrow and familiar with my grief (Isaiah 53:3-4)
3. I will not let my HEART be troubled (John 14:1-3)
4. I will CAST my cares on the One who cares for me (Psalm 55:22; 1 Peter 5:7)
5. He IS who He says He IS (Revelation 21:4-8)

## 5 for Crying Out

⊥.	не	e is ACCESSIBLE 24/7 (Jeremian 33:3)					
2.	Не	le always HEARS me (Psalm 18:6)					
3.		He throws out a LIFELINE OF LOVE when I feel I'm drowning in circumstance (Psalm 130)					
4.	Не	e responds with ANGELS (Daniel 10:12)					
5.		He positions me in POWERFUL PLACES TO PRAY and change the world! (Nehemiah 1:11)					

### 5 for Awareness

1.	Не	EMPOWERS me in times of conflict (Matthew 24:6)
2.	Не	STEADIES me when circumstances shake my world (Matthew 24:7)
3.	Не	PROVIDES in times of famine (Matthew 24:7)
1.	Не	is TRUTH in seasons of deception (Matthew 24:11)
5.	Не	equips me to ENDURE! (Matthew 24:13)

#### 5 for Declaration

1. In the wilderness of circumstance, INVITE the Creator*
2. In the drought of despair, DRINK from His hope*
3. In the valley of crisis, RISE in His strength *
4. In the rugged terrain of doubt, FAITH paves a smooth path*
5. The mountain will MOVE! (Matthew 17:20)
*Isaiah 40:3-4

### 5 for World Changing

1. He gives me POWER over the enemy (Luke 9:1)
2. He gives me the position of AUTHORITY (Luke 10:19)
3. He give me a PURPOSE for the Kingdom (Luke 9:2)
4. He gives CONTINUALLY for the need (Luke 9:16; John 7:38)
5. He GUARANTEES me the VICTORY! (2 Corinthians 2:14)

#### 5 for Faith

1.	I'm	weak but His STRENGTH never fails me (2 Corinthians 12:9)
2.	I'm 11:1	BELIEVING in the life I hope for but have yet to see (Hebrews 1)
3.	I'm	REWARDED because my faith pleases Him! (Hebrews 11:6)
4.		MOVING FORWARD with the faith I have, because even the allest amount of faith can move a mountain of despair! (Matthew 20)
5.	I'm	counting it ALL JOY! (James 1:2-4)
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#### 5 for Fear

1. His plan is a PROVISION in hard times (Isaiah 35:7)
2. His PURPOSE is a promise for the weary (Isaiah 35:3)
3. His PRESENCE is proven (Joshua 1:5-9)
4. His POWER is unparalleled (Exodus 14:14-31)
5. His PROTECTION is secure (Psalm 91)

#### 5 for a Battle Plan

1. Some battles need a different STRATEGY (2 Samuel 5:23)
2. No weapon formed against me PROSPERS (Isaiah 54:17)
3. Some battles I can REST and not fight (1 Samuel 30:24)
4. Though outnumbered I go forth with PRAISE (2 Chronicles 20:21-22
5. He leads me in VICTORY (2 Corinthians 2:14)

#### 5 for THE Battle

1. Know Who is ON YOUR SIDE (1 John 4:4)
2. Know it is not the enemy you see but the ARMY behind you fighting for you (2 Kings 6:17)
3. Know you fight the GOOD FIGHT you will FINISH the race (1 Timothy 4:12; 2 Timothy 4:7)
4. Know you fight FROM the place of VICTORY not for victory (2 Corinthians 2:14; Romans 8:37)
5. KNOW HE HAS OVERCOME the World! (John 16:33)

#### 5 for Attacks

1.	IPR	RAISE Him in spite of all that is against me (2 Chronicles 20:21-22
2.	l we	ear the FULL ARMOR as protection (Ephesians 6:14-17)
3.	In v	veakness I have friends to SUPPORT me (Exodus 17:11-12)
4.		HALLENGE the most formidable giant without fear (1 Samuel 45-47)
5.	I ST	AND on the assurance of the King (Ephesians 6:10-13)
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#### 5 for Rescue

1. He has CONTROL over nature (Mark 4:39)
2. He has AUTHORITY over all situations (Matthew 28:18)
3. He has POWER over evil (Mark 5:8)
4. He has PATIENCE that none should perish (2 Peter 3:9)
5. He has CONQUERED death (Revelation 1:18)

#### 5 for the Win

1.	Gre	eater is He that is WITH ME! (1 John 4:4)	
2.	Wh	en I am weak, I am then I am STRONG (2 Corinthians 12:10)	
3.	l ca	n do ALL THINGS through Christ (Philippians 4:13)	
4.	lar	n MORE than a CONQUEROR (Romans 8:37)	
5.	5. He leads me to VICTORY! (2 Corinthians 2:14)		
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#### 5 for Out on a Limb

1. TRUST the assignment (Habakkuk 2:1-3)
2. Be fully PRESENT today (Romans 1:17)
3. Seek the KINGDOM not tomorrow's solution (Matthew 6:31-34)
4. Be about HIS BUSINESS daily (Matthew 24:45-46)
5. JOYFULLY embrace the journey (James 1:2-6)

### 5 for Reassurance

1. He REMEMBERS my effort (Hebrews 6:10)
2. Present discomfort is no indicator of the PERFECTION to come (Romans 8:18)
3. Absurd OPPORTUNITIES do not mean impossible (Genesis 18:12-14
4. He ANSWERS my doubt with His promise (Genesis 15:1-5)
5. I have an ALL ACCESS pass! (Hebrews 4:16)

### 5 for Waiting

1. The waiting brings OPPORTUNITY (2 Peter 3:8-9)
2. In waiting there is WORK to be done (Matthew 25:13-21)
3. Waiting makes me STRONGER (Isaiah 40:31)
4. I wait with EXPECTATION (Micah 7:7; Lamentations 3:25)
5. He is WORTH waiting for! (Isaiah 25:9)
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### 5 for Anticipation

1. He SEES my circumstance (Mark 6:48-51)
2. Today's trouble TRAIN me for glory (1 Peter 1:6-9)
3. Trust SUSTAINS me (2 Corinthians 1:8-11)
4. Proximity preserves PROTECTION (Psalm 73:25-28)
5. I have a PROMISE I can count on! (Job 19:25-26)

#### 5 for More Faith

1. Faith HOPES in what is unseen (Hebrews 11:1)
<ol> <li>Faith ENDURES against impossible circumstances (2 Chronicles 20:12- 17)</li> </ol>
3. Faith BELIEVES He rewards (Isaiah 62:11; Hebrews 11:6)
4. Faith KNOWS He will have the Last Word (John 19:30)
5. Faith EXPECTS it to be a good word (John 16:32-33)

# 5 for Navigating

1.	In <sup>1</sup>	the darkness I SEE HIM (Exodus 13:21-22)
2.	In ·	the darkness HE SEES ME (Psalm 139:12)
3.	In <sup>-</sup>	the wilderness I FIND HIM (Jeremiah 29:12-14; Isaiah 49:3-5)
4.	In <sup>-</sup>	the wilderness HE LEADS ME (Deuteronomy 8:2; Isaiah 43:16-19)
5.	Не	will NEVER LEAVE me! (Matthew 28:20)

### 5 for Duty

1. EMBRACE the present circumstance (Mark 14:1-9)			
2. Be STEADFAST (Luke 22:39-45)			
3. Stay CLOSE (John 13:22)			
4. Remember His FAITHFULNESS (John 14:9-11)			
5. TRUST Him! (John 16:22-24)			

### 5 for the Valley of Shadows

1. Go THROUGH (not around) the present circumstance (Isaiah 43:1-5
2. His GUIDANCE is promised (John 14:26-29)
3. CHOOSE COURAGE (Psalm 23:4)
4. His PRESENCE is guaranteed (Matthew 28:19-20)
5. Stick WITH HIM no matter what! (Luke 9:57-62)

#### 5 for the Desolate Place

1. He waits until the situation has escalated (Mark 8:1-2)
2. He has compassion and understands the problem (Mark 8:3)
3. He is present in the desolate place (Mark 8:4)
4. He calmly acquires resources and blesses a meager supply (Mark 8:5-7)
5. With Him there is MORE THAN ENOUGH! (Mark 8:8)

#### 5 for the Better Angels of Our Nature

- 1. CRISIS configures our appeal (Habakkuk 1:1-4)
- 2. He ASSURES and affirms (Habakkuk 1:5)
- 3. PRAY and watch for the answer (Habakkuk 2:1)
- 4. Be PATIENT (Habakkuk 2:3-4)
- 5. LISTEN well (Micah 6:8-9)
- \*March 4, 1861 Abraham Lincoln's 1st Inaugural Address
- "We are not, we must not be, aliens or enemies but fellow countrymen and brethren... The mystic chords of memory, stretching from every battlefield and patriot grave, to every heart and hearth-stone, all over this broad land, will yet swell with the chorus of the Union, when again touched, as surely as they will be, by the better angels of our nature."

I'm happy to respond to inquiries.

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