What's New

at The Pilates Point Studio?

3415 Mendon Road - Cumberland, RI 02864

Francis J. **GEORGE PHYSICAL THERAPY** & Associates, Inc.



We are now offering PT services with a focus on **Fascial Counterstrain at The Pilates Point Studio.**

Fascial Counterstrain(FCS) is a cutting edge, painless manual therapy technique that effectively decreases pain and facilitates return to function. This treatment targets fascia, which is the primary connective tissue found throughout the body. Inflammation from trauma, strain, disease or stress can all trigger a fascial response that can lead to pain and dysfunction.

Fascial Counterstrain is more than symptom relief. This treatment is designed to alleviate fascial dysfunction by draining or removing trapped inflammation as we assess and treat specific tender points in order to create an environment in the body that is conducive to healing the root cause of pain, whether acute or chronic.

Fascial Counterstrain can help provide relief from:

Adhesive Capsulitis Athletic

Anxiety Disorders

Bell's Palsy

Brain Fog

Breathing Issues

Bunions

Chronic Fatigue Syndrome

Chronic Pain

Degenerative Disc Disease

Disc Bulges & Herniations

Fibromyalgia

Headaches

Idiopathic Neuropathy

Joint Replacements

Lower Back Pain

Lyme Disease

Meniscus Tears/Repairs

Muscle Strains/Tears

Myofascial Pain Syndrome

Neck Pain

Osteoarthritis (all areas)

Plantar Fasciitis

Rotator Cuff tears/repairs

Sciatica

Shoulder Bursitis

Sports Performance

Sprained/Torn Ligaments

Tendinitis

Thoracic Outlet Syndrome

TMJ Dysfunction

Schedule your appointment today

Karen George Lyles, Owner/PT

(401) 617-2287

✓ georgelylespt@gmail.com

Theresa Hobson, PT

(508) 930-7228

Treehobsonpt@gmail.com

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Clinicians

Karen George Lyles, Owner/PT Theresa Hobson, PT

Karen and Theresa graduated from Northeastern University in 1990 and have worked as Physical Therapists for 32 years. Besides their extensive therapy experience, they have recently been training in FCS and are excited to share its results with clients in our community.

We are out of network providers therefore health insurance is not accepted.

Our services are FSA/HSA eligible.

Initial Evaluation - \$100 Introductory Treatment Rate - \$80

Schedule your appointment today

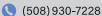
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