

# Counseling Centers (LaPorte Co)

## **CHOICES COUNSELING SERVICES**

219-326-5922  
910 Michigan Ave  
LaPorte, IN 46350 (office in Michigan City also)  
Individual/couple/family  
EMDR, grief, co-parenting counseling +  
therapeutically supervised visitation, forensic  
interviewing, addiction services  
Telehealth available

## **FAMILY FOCUS COUNSELING**

800-582-4198  
660 W Morthland Dr  
Valparaiso, IN 46385 (offices in Wheatfield,  
LaPorte, Merrillville also)  
Prevention programs for families (neonatal  
care, home-based services, fathering program)  
+ Crisis program for families (family therapy,  
home-based services, case management,  
visitation)

## **JUST BREATHE COUNSELING**

219-488-2293  
517 Franklin Street, #104  
Michigan City, IN 46360  
Individual therapy  
EMDR, DBT  
Accepts most private insurance and Medicaid

## **MINDFUL MINDS**

219-552-8223  
2601 East Michigan Blvd  
Michigan City, IN 46360  
Individual/couple/family therapy  
Trauma-focused  
Sliding fee scale

## **PSYCH CONSULTS**

219-898-5646  
809 Jefferson Ave.  
LaPorte, IN 46350  
Individual, couple, family therapy  
EMDR, grief counseling, anger management,  
addiction counseling  
Psychological, neurological, cognitive  
assessments

## **RENEW COUNSELING**

219-285-3078  
100 Anchor Road, Ste 2  
Michigan City, IN 46360  
Individual/couple/family therapy  
Trauma-focused, LGBTQ+  
Accepts most private insurance and Medicaid

## **RESTORING HOPE TELEHEALTH**

219-801-6453  
Services: Individual, couple, family therapy  
Interventions: DBT, CBT, trauma-informed care,  
Accepts most private insurance  
Telehealth Only

## **R&R MENTAL HEALTH COUNSELING**

773-706-7907  
245 W Johnson Rd #10  
La Porte, IN 46350  
EMDR  
Accepts some private insurance and Medicare

## **SACKS CLINICAL CONSULTING**

219-628-6463  
104 WOODLAND COURT STE B  
MICHIGAN CITY, IN 46360  
Individual/couple/family therapy  
DBT, trauma-focused  
Accepts most private insurance

## **SWANSON CENTER**

219-879-4621  
7224 W 400 N  
Michigan City, IN 46360 (office in LaPorte also)  
Individual/couple/family therapy, medication  
management/psychiatry  
For adolescents: in-home services, case  
management, crisis intervention, skills training,  
trauma-focused care, substance abuse  
counseling  
For adults: psychological testing, group therapy,  
PATH (Projects for Assistance in Transition from  
Homelessness);  
IOP for substance abuse  
Telehealth available